

# CHILD CARE COMMUNIQUE



Linking families, child care professionals and the greater San Diego community.

November/December 2007

Childcare Resource Service: A Department of the YMCA of San Diego County. Funded by California Department of Education, Child Development Division.

## KEEPING THEIR EYES AND EARS OPEN: Helping Young Children to Read, Write and Make Connections

Literacy is more than just being able to read. Understanding that speech sounds, letters of the alphabet and words are all connected is really what literacy is all about.

We all have a natural ability to speak and learn language from birth. You can't teach a child to speak. But, from birth, you can support children's abilities to speak and eventually read by making sure they are hearing speech sounds and seeing words and print every day. The more children see and hear, the more connections they will make between words and print, and eventually, they'll have the skills to read and write well.

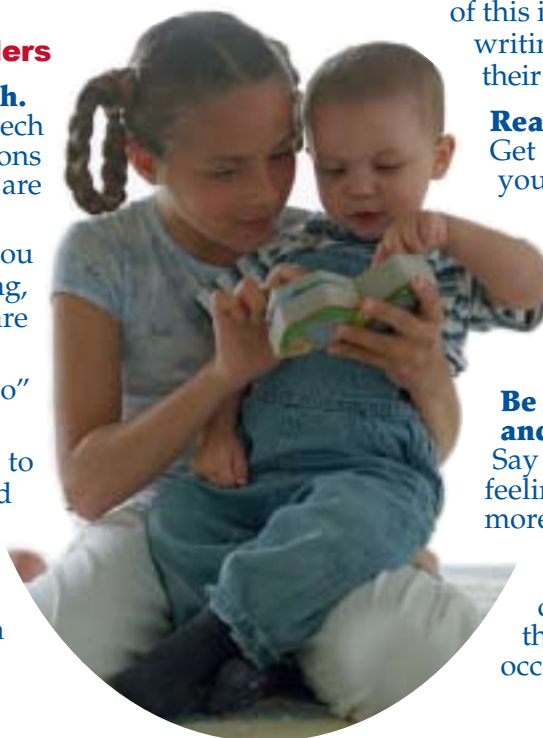
It's easy to help your infant or toddler with pre-reading activities. Talking and reading to babies and toddlers is the best way to get them off to a great start. As a parent or child care provider, holding, looking at, talking to, playing with, and reading to babies is nurturing their language and literacy skills. Young children are never bored with hearing the sound of your voice, singing the same song, or reading the same book over and over. These activities will help babies and toddlers to thrive:

### Talking with Babies and Toddlers

#### Talk and sing to babies from birth.

As you talk, babies hear the speech sounds, and start making connections between the sounds and what you are doing with them.

- Talk about everything: what you are doing together (eating, bathing, changing diaper), what you are seeing and what you are feeling.
- Play games, such as "peek-a-boo" and "pat-a-cake".
- Recite nursery rhymes or words to songs that have strong rhythms and repetitive sounds.
- Imitate babies sounds back, coos, gurgles, babbling or whatever. They will know that sounds get a response and have meaning.



#### Point out things in the environment.

Build babies vocabulary by naming things you see and do every day. Name objects (toys, books, trees, animals) and people in everyday life.

#### Get toddlers in a conversation with you.

Most toddlers are beginning to speak. Give them words and language to use. Toddlers will have a lot of questions. Explain things in simple and short words and sentences. Toddlers learn from repeating, so they may ask the same question many times.

#### Play music to get toddlers moving and singing.

Toddlers can't be still, so take advantage of their energy. Music is a great way to get toddlers moving and learning the rhythms of speech and sounds.

### Reading with Babies and Toddlers

Listening to you talk helps build your children's vocabulary. They will hear what something "is", what it "does" and what it "looks and feels" like (nouns, verbs, adjectives). All of these words have sounds and letters that they will begin to attach meaning to, and all of this is part of reading (and eventually writing). These suggestions support their reading skills.

#### Read together every day.

Get comfortable, sit with the baby in your lap, in your arms, or in a high chair. Read stories that are right for their age. Point to the pictures. Let them hold the book, turn the pages or pretend to read. Show that you enjoy reading to and with them.

#### Be expressive with your voice and face when reading.

Say each word slowly and "with feeling". This not only makes it more interesting for the baby, but it helps them to hear the sounds clearly. Imitate the characters in the story, changing the sound of your voice occasionally.

(Continued on page 2...)

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The Child Care Communique is mailed as a public service to licensed child care facilities and other professionals in the community. To be placed on the mailing list, call 619.521.3055 x2312.

Guest editorials, communications, announcements and letters to the editor from any interested party are welcome and may be addressed to the Editor, 3333 Camino del Rio S., Suite 400, San Diego, CA 92108-3839. Opinions expressed by guest writers do not necessarily reflect the view of Childcare Resource Service. Efforts to preserve the intent of each submission will be made with final editorial authority resting with the editor. Letters to the editor will be considered for publication as space and time allow and unless confidentiality is requested. Deadline for submission of all materials to be considered for inclusion is approximately six weeks before publication.

#### Childcare Resource Service (CRS) Referral Policy

YMCA Childcare Resource Service, provides child care referrals to parents for their specific child care needs in licensed and legally license exempt facilities in San Diego County. Service is provided to all persons requesting them regardless of income or other eligibility factors. Confidentiality of both parents and providers is maintained.

Consumers are offered a variety of child care options ranging from Family Child Care Homes to Child Care Centers and with services from basic child care to educational and social enrichment programs. Childcare Resource Service seeks to promote and develop quality care for children but does not make recommendations regarding particular providers. CRS strongly encourages parents to visit facilities and review provider histories with Community Care Licensing at 619.767.2200, prior to making the final decision for child care arrangements.

Responsibility for selecting a child care provider rests with the parent or guardian. CRS policies on handling complaints are available to parents, providers or other interested persons by calling 1.800.481.2151 to request a copy.

#### • YMCA CRS Programs •

Administration.....619.521.3055  
Fax.....619.521.3050  
Alternative Payment .....619.521.3055  
Centralized Eligibility List..619.521.0560 x2500  
Special Needs Unit.....619.474.4707  
North County Office .....760.726.9100  
North County Fax .....760.726.4352  
South County Office .....619.474.4707  
South County Fax.....619.474.2435  
HealthLine .....1.800.908.8883  
Child Care Referrals .....1.800.481.2151  
On-line Referrals.....www.ymcacrs.org  
Inclusion Specialist.....619.521.3055 x2325  
CATS Calendar.....619.521.3055 x2315  
Child Care Subs .....1.800.441.9199  
San Diego CARES .....1.866.CARES SD  
Military Family Referrals.....1.800.441.9199

[www.ymcacrs.org](http://www.ymcacrs.org)

## Give toddlers paper and crayons to scribble and start the beginning of writing.

Scribbling helps with their eye-hand movements and gets them used to holding a crayon or writing tool in their hands, even if it is just with a closed fist. Write the child's name so they can see it.

## Talking and Reading with Preschoolers

At ages three and four, preschoolers are well on their way to building reading and writing skills. Children at this age are much more interactive and you can have more conversations. You can help stretch their thinking skills and imaginations. Here are some helpful activities for talking and reading with preschoolers:

### Talk about what you are doing every day when you are out.

Talk about eating, shopping, walking, playing, or visiting relatives and friends.

### Go to new places and try different things.

Talk about what is new and different. Everything is new and a wonder to preschoolers. Go to places your preschooler has never been. Discover zoos, museums, parks, and other child-friendly places.

### Help your child follow directions.

Use short, clear statements. Start with simple one or two-part directions, such as "please sit in the chair", or "please get the book and bring it to me."

### Keep reading to your preschooler.

Read a lot of different books. Reread favorite books, even if you get tired of them!

### Read predictable books.

Children will begin to recognize the repeated words and phrases and have fun saying them with you. Read books that rhyme.

### Ask children what they think will happen next in a story.

Get preschoolers to start thinking about the storyline and making predictions.

### Point out words and letters.

Read street signs, traffic signs, store signs, and word labels in the classroom. Point out certain letters in these signs. Help preschoolers learn to recognize their name in print.

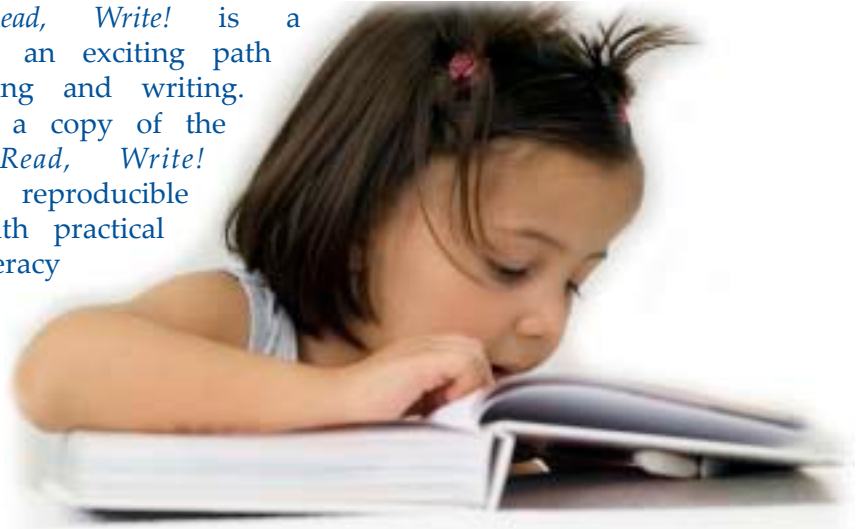
Reading is key to succeeding in school. Studies show that young children who are read to every day start school with a better chance of succeeding in reading. The foundation for reading and writing and understanding language starts at birth. Parents are the only ones who have the ability to start with children from day one. Child care programs can continue helping children read, write and make connections by providing daily literacy activities and encouraging parents to read and talk to their children everyday.

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## KPBS Sesame Street Beginnings: Talk, Read, Write!

*Sesame Street Beginnings: Talk, Read, Write!* is a program that helps preschoolers along an exciting path from listening and speaking, to reading and writing. At this training, providers will receive a copy of the *Sesame Street Beginnings: Talk, Read, Write!* workshop kit, a children's book, and a reproducible tip sheet for families that is filled with practical advice for including language and literacy learning in everyday activities.



**Location:** YMCA CRS  
3333 Camino del Rio South  
(4<sup>th</sup> Floor Conference Room)  
San Diego, CA 92108

**Date:** January 9, 2008 in English or  
January 23, 2008 in Spanish

**Time:** 6:30 p.m. to 8:30 p.m.

**Cost:** \$15.00

Talk, Read, Write! is approved for two San Diego CARES Professional Development Training Hours. This training will be presented by KPBS and YMCA Childcare Resource Service.

For more information and to register call 1.800.481.2151 or e-mail [mytraining@ymcacr.org](mailto:mytraining@ymcacr.org). Registration forms are also available on the YMCA CRS website at [www.ymcacr.org/community/catscalendar](http://www.ymcacr.org/community/catscalendar).

### The Southwestern College Child Development Club presents...

"Strengthening Families: Building Authentic Relationships with Young Children"

Conference Keynote Speaker: Prof. Marcia Sevigny  
Saturday, November 17, 2007  
8:00 a.m. – 2:45 p.m.  
900 Otay Lakes Road, Chula Vista 91910  
Cost: \$25 before November 10, 2007  
\$30 day of the event

Catered Lunch, Workshops in English & Spanish,  
Reggio Emilia Exhibit, Vendors

Registration information: 619.421.6700 ext. 5878  
or email to [swccdclub@gmail.com](mailto:swccdclub@gmail.com) or log on to  
[www.swccd.edu/~childdev](http://www.swccd.edu/~childdev)

*\*\*Approved for 4.5 CARES Professional Development Training Hours\*\**

### Websites for Early Literacy

*Between the Lions*

[www.pbskids.org/lions/](http://www.pbskids.org/lions/)

*A Parent's Guide to Emergent Literacy*

[www.ci.pasadena.ca.us/librarykids/emergent.asp](http://www.ci.pasadena.ca.us/librarykids/emergent.asp)

*Reading is Fundamental* [www.rif.org/parents](http://www.rif.org/parents)

*Literacy Games* [www.cogcon.com/gamegoo/gooy.html](http://www.cogcon.com/gamegoo/gooy.html)

*Zero to Three: Early Language and Literacy*

[www.zerotothree.org/site/PageServer?pagename=key\\_language](http://www.zerotothree.org/site/PageServer?pagename=key_language)

*Sesame Street for Parents (Raising a Reader)*

[www.sesameworkshop.org/parents/advice/article.php?contentId=749&](http://www.sesameworkshop.org/parents/advice/article.php?contentId=749&)

*Literacy Activities for the Early Years*

[www.penguin.com.au/PUFFIN/TEACHERS/classroom%20activities/literacy\\_early.htm](http://www.penguin.com.au/PUFFIN/TEACHERS/classroom%20activities/literacy_early.htm)



## The Early Years Conference

The Early Years Conference will provide early childhood educators with opportunities to learn new ideas, gather new activities, and connect with other professionals. It is designed specifically for preschool and kindergarten educators who work with children ages 4-6 years. Participants may choose from a menu of sessions that include music, early literacy, early mathematics, behavior, English learners and many other topics. All sessions include developmentally appropriate practices that bridge preschool and kindergarten. The featured speaker this year is Kathy Richardson, a nationally renowned expert in how young children develop mathematical reasoning. This event will be held on January 30, 2008 at the Marina Conference Center. The Early Years Conference is presented by the State Preschool Directors Network and the San Diego County Office of Education, with support from the California Preschool Instructional Network and the First 5 Commission of San Diego. The conference is approved for San Diego CARES training hours.

Participants are encouraged to register early. For a registration flyer, send an e-mail to [kcheatham@sdcoe.net](mailto:kcheatham@sdcoe.net), call 858.569.5485, or log on to [www.sdcoe.net/student/eeps](http://www.sdcoe.net/student/eeps) and click on Training Opportunities Calendar.

## Start Smart

Start Smart is a free school readiness and parenting program for families with children between 0-5 years old. Through this program, parents can network with other parents, talk with child development experts, and receive referrals to community resources. Classes are held in multiple languages and at various locations in San Diego to meet the diverse needs of the community. Start Smart offers the following services:

- Classes with activities for parents and children to participate in together;
- Developmentally appropriate classes that include story time, crafts and cooperative play;
- Parenting classes on topics such as health, nutrition, school readiness and child development;
- Developmental screenings for children 18 months to 5 years old;
- Enrollment assistance in health insurance programs;
- Home visits and family support services.

For further information on the Start Smart program, contact S.A.Y. San Diego at 858.974.3603 ext. 219 or log on to [www.saysandiego.org](http://www.saysandiego.org). For assistance in Spanish contact, 619.582.9056 ext. 256.

## Trainers Network Seeks Bilingual Trainers

The YMCA Childcare Resource Service online Trainers Network is looking for bilingual trainers to provide instruction in a variety of languages including Vietnamese, Tagalog, Spanish, Somali, Farsi and Chinese. The Trainers Network provides a variety of services for individuals who offer professional development training to the early care and education (ECE) workforce. Trainers are able to market their services, training topics, education, skills and experience on an early care and education website which may lead to exciting employment opportunities. The Trainers Network maintains a facility directory of training sites by region and a library of training materials.

To apply to join the Trainers Network visit the YMCA Childcare Resource Service website at [www.ymcacr.org](http://www.ymcacr.org) or contact Maria Romero at [mytraining@ymcacr.org](mailto:mytraining@ymcacr.org).

## CATS Calendar Online

YMCA Childcare Resource Service has launched an enhanced online version of the Childcare Activity and Training Service calendar (C.A.T.S.) at [www.ymcacr.org](http://www.ymcacr.org). The C.A.T.S. community training calendar provides information on trainings and activities for early childhood education (ECE) professionals and parents in San Diego County. Parents and ECE professionals can also find ongoing resources and support through the calendar. The new version enables viewers to:

- View trainings for the current and upcoming months;
- Search for trainings by topic or category such as *CARES approved* and *family child care only*;
- Download training and conference registration flyers;
- Print a map and driving directions;
- Request monthly training updates by category;
- Suggest trainings to be listed in the calendar.

A printed version of the calendar is available by calling 1.800.481.2151 or email to [mytraining@ymcacr.org](mailto:mytraining@ymcacr.org). for a subscription form (6 issues for \$15 a year).

## Licensing Update

Tom Hersant retired in September 2007 after a 43 year career as the Regional Manager of Child Care Licensing (California Dept of Social Services, Community Care Licensing Division) for San Diego and Imperial counties. Tom is known for his compassion, respect for providers and licensing staff, community partnerships, emphasis on training and technical assistance and innovative leadership. In 1990, Tom helped to transition 7,000 family child care licenses to the state when the county stopped its involvement with licensing.

Tom often spoke at community events and was highly supportive of the Directors Workshop, provider recognition events and training for licensees. He was a member of the San Diego County Child Care and Development Planning Council and he developed legislation to improve the Child Abuse Index. Tom helped to improve communication with child care providers, once sponsoring a local newsletter for licensees. Tom frequently went beyond the standard duties of his job to defend providers at zoning commissions, coordinate issues with fire inspectors and tackle transitions to new computer programs. He included his staff in decision making. Tom had a kind and infectious positive demeanor and always had time to listen. He will be greatly missed.

## Planing Council Update New Location - Same Work!

The San Diego County Child Care and Development Planning Council has relocated to the San Diego County Office of Education within the Early Education Programs and Services Unit.

As a state-mandated advisory board to the County Board of Supervisors and County Superintendent of Schools, the Council will continue to assess and recommend improvements to access to quality child care and development services for children and families in San Diego County.

If you would like more information on the work of the Council, or would like to know how you can be involved, please contact:

**Zaneta Salde Encarnacion, Council Coordinator**  
zencarnacion@sdcoe.net

San Diego County Child Care and  
Development Planning Council  
San Diego County Office of Education  
6401 Linda Vista Road, Room 315  
San Diego, CA 92111  
Tel: 858.292.3727

## TrustLine Registry for Exempt Caregivers

TrustLine, the California registry of in-home child care providers who have passed a background screening, has screened out significant numbers of individuals with criminal histories such as murder, manslaughter, child molestation, assault with a deadly weapon, willful child cruelty and other crimes. All caregivers listed with TrustLine have been cleared through a fingerprint check of records at the California Department of Justice (DOJ). This means they have no disqualifying criminal convictions or substantiated child abuse reports in California. All child care providers who operate in State-Licensed settings such as child care centers and family child care homes have gone through a similar screening process. All employment agencies are also required by law to register their caregivers with TrustLine upon placement.

Parents can check if a nanny, babysitter, or other in-home caregiver is registered on TrustLine by calling 1.800.822.8490, and giving the person's full name,

driver's license number or other approved identification. If their current or potential caregiver is not registered, the caregiver can call Trustline to obtain a one page application and send it in with a set of fingerprints and a one-time only fee. If no disqualifying criminal convictions or substantiated child abuse reports are found, the caregiver will be added to the registry.

TrustLine is continually updated and caregivers who have committed a disqualifying crime are removed. Parents should call periodically to make sure their caregiver is still registered. Trustline is an invaluable resource for parents and is an essential step in finding the right nanny or baby sitter. Parents should not hesitate to require their caregiver to be listed with TrustLine. It helps ensure the safety of children.

*For more information about TrustLine, contact Ivania Villaescuza at 619.521.3055 ext. 2320 or log on to [www.trustline.org](http://www.trustline.org).*

## Ask the HealthLine...Lead Poisoning and Children

**Q:** Why should I be concerned about lead poisoning and children?

**A:** Lead can damage a child's brain and central nervous system, slow growth, cause hearing and speech delays and cause behavior problems. Children are exposed to lead by inhaling or ingesting lead in the environment. There are no visible symptoms to lead poisoning.

**Q:** How do I know if a child has lead poisoning?

**A:** A blood test is administered at the doctor's office or a community clinic to determine if a child has lead. A lead test involves a finger stick and a small amount of blood. Children should have a lead test at 1 year and 2 years of age. If a lead level comes out higher than 10 mg/dl, it is important to find the source of lead exposure and remove it.

**Q:** How do I know if my child care facility has lead in the environment?

**A:** A licensed lead inspector can test your home or facility for lead. To find a list of licensed inspectors, visit [www.dhs.ca.gov/childlead/](http://www.dhs.ca.gov/childlead/) or call the State Lead Hotline at 800.597.5323.

*The YMCA Childcare Resource Service HealthLine provides free health workshops and training for children, parents, and child care providers. Call the HealthLine at 1.800.908.8883 to schedule an appointment Monday - Friday from 8:00 a.m. to 5:00 p.m.*

Prevent lead poisoning by following best practices for:

### Cleaning

- Keep the child's environment clean and free of dust.
- Clean up dust with a wet cloth so lead dust does not enter the air.
- Pick up and throw away any paint chips you can see.
- Cover any loose paint on the walls with tape.
- Use a vacuum with a special HEPA filter to keep lead out of the air.
- Wash child's hands after playing outside or on the floor, and before eating.
- Use lead safe work practices and clean thoroughly when disturbing lead painted surfaces.

### Toys

- Make sure children do not have access to any recently recalled toys that have been shown to have lead in their paint. Information on recalled toys can be found on the Consumer Product Safety Commission website, [www.cpsc.gov](http://www.cpsc.gov).

### Cooking

- Do not use ceramic from other countries to cook, store or serve food.
- Feed children foods high in Iron, Calcium and Vitamin C which help children's bodies absorb less lead. Foods containing iron include cereal with iron, beans, fish, red meat and green vegetables. Calcium rich foods include milk, cheese, yogurt and corn tortillas. Foods containing Vitamin C are tomatoes, strawberries, oranges and limes.
- Feed children healthy snacks that are low in fat.
- Do not let children eat candies from Mexico that are made with chili or tamarind.

• IDEAS • ideas • IDEAS • ideas • IDEAS • ideas

Choose a book to focus on each week and create activities to emphasize the concepts introduced in the story. Here are some ideas to stir your imagination and support and inspire young readers.

### *Brown Bear, Brown Bear*

by Bill Martin

Have the children draw a picture of their favorite animal from the book. Ask each one what they like about the animal. Write their actual words on the paper and read it back to them. Children like to see their own words in print. Use this opportunity to talk about the colors and features of their favorite animal. What sound does the animal make? What does it eat? Where does it live? Does it fly?

### *Rainbow Fish*

by Marcus Pfister

In this story, the children learn about sharing. Ask the children to talk about sharing with their friends. How does it feel when nobody will share with you? How can you share a toy with a friend? What would you say to a friend if you wanted a turn to ride their tricycle?

### *The Very Hungry Caterpillar*

by Eric Carle

This book involves the children in reading the story along with you. The idea is to make the reading of the story tangible and interactive for the children. Have the children name and count the different fruits as you read. Give the children egg carton "caterpillars" to decorate and pretend to be the Very Hungry Caterpillar. What would they eat? How many? Write a group story about John's caterpillar eating 7 carrot sticks, Maya's eating 3 bananas and so on. Share a bowl of real fruit and cut it up for snack.



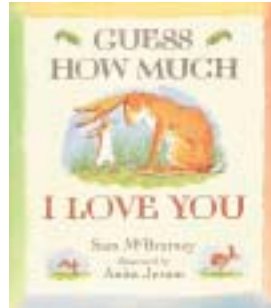
## TIPS FROM YOUR CRS CHILD CARE CONSULTANTS

### Children love being read to and guess what...it's good for them!

When children are read to the benefits are never ending. Whether it be increasing vocabulary, teaching a valuable lesson or sparking an imagination early language and literature is important for all children. Below are tips from your child care consultants on great books that help children appreciate language and literature.

My favorite book as a child was *Guess How Much I Love You* by Sam McBratney and Anita Jeram. After reading this book my mom and I used to argue about who loved each other more. I would say, "I love you from this wall to this wall." Then my mom would say, "I love you from this wall, to this wall, to this wall, and to this wall." We would add more walls and sometimes our argument would be all the way to heights of buildings.

-Nichole Grijalva



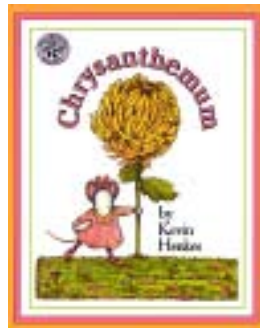
When my daughters were young I read them *The Very Hungry Caterpillar* by Eric Carle. They loved Carle's stories but this book in particular. They read along with me and loved how the caterpillar would turn into a beautiful butterfly.

-Anita Arzillo



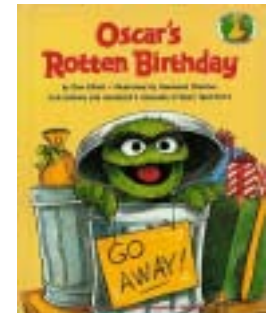
As a child I loved the book *Chrysanthemum* by Kevin Henkes. The story is about a mouse named Chrysanthemum. She thinks her name is absolutely perfect until she starts her first day of school. It teaches the importance of self-esteem, even in the face of obstacles.

-Sarah Ethington



My favorite book when I was young was *Oscar's Rotten Birthday* by Dan Elliott. My mom says that I liked it because I had memorized the pages that said "Go Away", and that I thought I was actually reading. She said that I liked this book the most because I felt like I was participating in reading.

-Samantha Boster



The book my daughters love having read to them most is *Chicka Chicka Boom Boom* by Bill Martin Jr. and John Archambault (in English *Chicka Chicka Boom Boom*). My daughters love the part where it says "Tenemos luna llena!" ("We have a full moon"). When we read that part in the book they always scream "luna llena" ("full moon"). My girls also love the pictures, asking why "F" has a black eye and "T" has a loose tooth.

-Cynthia Thomas



As a child I loved the book *Are You My Mother?* by P.D. Eastman. The baby bird would ask the same question to everyone he met, "Are you my mother?" I knew whenever the baby bird was going to ask someone if they were his mother so I could follow along with the story even though I couldn't read. The book is simple and great for a young audience who wants to read but hasn't learned quite yet.

-Ariana Steck



One of my favorite children's books is *Beryl's Box* by Lisa Taylor. I love this book because it has the ability to spark a child's imagination. Children who have difficulty using their imagination get to see how using their imagination can take them to another place. It also illustrates that it doesn't take much "stuff" to entertain a child.

-Karen Spangler

## What's in the CRS Resource Library?

The Resource Library offers a variety of materials related to early literacy and language development for young children.

### Resource Books:

*Literacy Play: Over 300 Dramatic Play Activities That Teach Pre-Reading Skills*

by Sherrie West & Amy Cox.

Dramatic play centers are the perfect place to practice literacy skills like listening, asking and answering questions, recognizing that words are different than pictures, pretending to read and other literacy experiences.

*Everyday Literacy: Environmental Print Activities for Children 3 to 8*

by Stephanie Mueller.

These hands-on activities will help teachers integrate environmental print—from newspapers and catalogs to street signs and billboards—into a literacy-rich curriculum to use anytime.

*Picture Book Activities: Fun and Games for Preschoolers Based on 50 Favorite Children's Books* by Trish Kuffner.

Books come alive with these activities based on 50 favorite picture books. The book includes discussion questions,

rhymes and finger plays, cooking activities, crafts, outdoor adventure, movement and music and more.

*More Story Stretchers: More Activities to Expand Children's Favorite Books*

By Shirley Raines & Robert Canady

In addition to 90 circle time presentations of the featured books, there are 450 story stretchers to integrate stories across the curriculum.

### Videos:

*Early Literacy: Sharing Books with Young Children*. This video set includes a study guide and focuses on using books with young children for later reading success.

*Read Aloud: Share a Book with Me*

This playful video shows parents how to enjoy a picture book with a child even when they face significant language barriers or cannot read at all.

*Far Ago & Long Away: Innovative Storytelling*. Based on the work of Vivian Paley, this video focuses on the benefits of storytelling for early literacy.

### Big Book Theme Packets:

These theme packets present literature-based learning on a grand scale! Each packet contains a big book version of a favorite children's story. Packets are also loaded with props & materials that encourage discussion and act out the stories. Each contains a guide with activities that span the curriculum. Titles include:

- *If You Give a Moose a Muffin*
- *Polar Bear, Polar Bear*
- *Big Red Barn*
- *The Bojabi Tree*
- *Caps for Sale*

### Brochure:

*Raising a Reader, Raising a Writer* (NAEYC). Emphasizes that a parent's shared moments with their child can nurture their development as successful, enthusiastic readers and writers.



### Contact the resource library in your region:

San Diego: 619.521.3055 ext. 2304  
National City: 619.474.4707 ext. 1317  
Vista: 760.726.9100 ext. 3316

### Toy Library Saturday:

San Diego: 11/ 17/07 & 12/ 15/07  
National City: 11/ 17/07 & 12/ 15/07  
Vista: 11/ 03/07 & 12/ 01/07



## COMMUNITY CALENDAR

**November 7 6:30 p.m. – 8:30 p.m.**

**Positive Behavior Support\***

Learn how to prevent negative behaviors before they occur and create environments that offer positive behavior support to children with behavioral challenges.

**Loc:** KIT training Center, San Diego

**Info:** Yesi Miranda 619.521.3055 ext. 2329

**November 8 6:30 p.m. – 9:30 p.m.**

**Supporting Early Language Development Series:**

**Building Language Connections - Module 1\***

Adult interactions with infants and toddlers are key to their language learning. Learn how to respond more intentionally to spark their desire to communicate and how to build stronger bonds.

**Loc:** YMCA CRS, Mission Valley

**Info:** 1.800.481.2151

**November 13 9:00 a.m. – 5:00 p.m.**

**Preschool English Learners: Principles & Practices to Promote Language Literacy, and Learning\***

This workshop will provide teachers with strategies for educating young English learners.

**Loc:** San Diego County Office of Education, Carlsbad

**Info:** Kathleen Cheatham 858.5569.5485

**November 15 8:30 a.m. – 11:30 a.m.**

**Ready for Reading: The Development of Early Literacy\***

Suggestions for engaging children in quality children's literature, and how to provide strategies to enrich family literacy programs.

**Loc:** So. County Regional Education Center, National City

**Info:** Renee Evans 858.571.7201

**November 15 6:30 p.m. – 9:30 p.m.**

**Administration Series: Understanding Communication Styles - Part 2\***

Learn to understand communication styles and adapt your own style to best meet the needs of others for more effective communication and positive work relationships.

**Loc:** YMCA CRS, Mission Valley

**Info:** 619.825.5563

**November 17 1:00 p.m. – 5:00 p.m.**

**Ticket to a Successful Family Child Care Business: Good Business Practices - Module 2\***

Set up a family child care business and work with parents to provide a family-friendly program. Learn about interviewing families, contracts and policies, marketing and recordkeeping.

**Loc:** YMCA CRS, Mission Valley

**Info:** 1.800.481.2151

**November 17 8:00 a.m. – 2:45 p.m.**

**Strengthening Families: Building Authentic Relationships with Young Children**

See page 3

**November 29 6:30 p.m. – 9:30 p.m.**

**Ticket To a Successful Family Child Care Business: Positive Provider & Family Relationships - Module 4\***

Building positive relationships with families is the key to operating a successful child care business. Learn how to address parent concerns and handle difficult conversations.

**Loc:** YMCA CRS, Mission Valley

**Info:** 1.800.481.2151

**January 17 6:30 p.m. – 9:30 p.m.**

**Administration Series: Building Teams in the Workplace - Part 3\***

Build teams that are effective in working together in the best interest of children and families.

**Loc:** YMCA CRS, Mission Valley

**Info:** 619.825.5563

**January 24 6:30 p.m. – 9:30 p.m.**

**Supporting Early Language Development Series: Reading the Child's Message - Module 2\***

Learn to attend to typical sounds, facial expressions, and gestures that adults can easily overlook or misinterpret.

**Loc:** YMCA CRS, Mission Valley

**Info:** 1.800.481.2151

**January 30 7:30 a.m. – 3:15 p.m.**

**Early Years Conference\***

See Highlights page 4

*Please note: additional trainings are listed throughout this newsletter.*

\* San Diego CARES approved for CARES professional development training hours.

For a complete listing of trainings special events log on to [www.ymcacrs.org](http://www.ymcacrs.org). or call 1.800.481.2151 to subscribe to the C.A.T.S Community Training Calendar. Subscription is \$15 a year for six issues.



*Are you ready to earn a stipend by June 30, 2008?  
Earn up to \$5150!*



**The deadline to submit payment documentation to earn a stipend in Year 7 of CARES is June 30, 2008.**

**Have you:**

- Turned in your CARES Educational Plan and College Plan?
- Enrolled in college coursework?  
(At least 3 units for Entry and Permit Track and 6 units for Degree Track)
- Registered for 6 hours of Professional Development? (Permit/Degree Track)
- Applied for or hold a Child Development Permit? (Permit/Degree Track)

**Don't miss out on a stipend payment!**

**Need help? Contact CARES at**

**Tel: 1.866.CARES SD (1.866.227.3773) Email: [caressd@ymcacrs.org](mailto:caressd@ymcacrs.org)**

 **YMCA Childcare Resource Service**  
*presents a four-part series on Early Language Development*

**Thursday, November 8, 2007**

**Supporting Early Language Development Series Module 1: Beginning Language Connections**

The first workshop of a four-part series on Early Language Development focuses on how adult's interactions with infants and toddlers are key to their language learning. Learn how to respond more intentionally to spark their desire to communicate and how these interactions also build stronger bonds.

**Thursday, January 24, 2008**

**Supporting Early Language Development Series Module 2: Reading the Child's Message**

The second workshop of the four-part series takes a closer look at messages babies and toddlers send from birth. Learn to attend to typical sounds, facial expressions, and gestures that adults can easily overlook or misinterpret.

**Thursday, February 28, 2008**

**Supporting Early Language Development Series Module 3: Talking with Young Children**

The third workshop of a four-part series focuses on how providing words for children's experiences builds language understanding and vocabulary. Learn how to communicate more effectively using Information Talk, a technique to provide language for what a child is seeing, doing, thinking or feeling.

**Thursday, March 13, 2008**

**Supporting Early Language Development Series Module 4: Building Conversations**

The fourth workshop of the four-part series on Early Language Development offers insight into how infants and toddlers can actually take part in simple back and forth conversations. Learn how to dialogue with them using words, gestures and facial expressions that will enhance their communication and social skills.

**ALL FOUR WORKSHOPS MEET AT SAME TIME, SAME LOCATION**

**Time:** 6:30 p.m. – 9:30 p.m.  
**Cost:** \$15.00 (Free to CCYN participants)  
**Info:** 1.800.481.2151  
**Location:** YMCA CRS, Mission Valley  
3333 Camino Del Rio South, Suite #400, San Diego

***Each workshop approved for (3) SD CARES Professional Development Training Hours.***

Please arrive 15 minutes prior to start time to allow for registration. Workshop will begin promptly, no late admittance. Adults only, please. Payment and registration in advance is required to hold the space. Check or Money order, no cash accepted.

Please make check payable to YMCA CRS. To pay by credit card call CRS: 619.521.3055 ext. 2318. Sorry no refunds.

Workshop may be attended separately but it is strongly recommended that you attend the entire series.

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Mail to: YMCA CRS ♦ Attn. Jenna M. Jardim ♦ 3333 Camino del Rio S. Ste 400 ♦ San Diego, CA 92108

- |                          |   |          |      |
|--------------------------|---|----------|------|
| <input type="checkbox"/> | Module 1 Early Language Development Series: Beginning Language Connections              | 11/08/07 | \$15 |
| <input type="checkbox"/> | Module 2 Early Language Development Series: Reading the Child's Message                 | 01/24/08 | \$15 |
| <input type="checkbox"/> | Module 3 Early Language Development Series: Talking with Young Children                 | 02/28/08 | \$15 |
| <input type="checkbox"/> | Module 4 Early Language Development Series: Building Conversations                      | 03/13/08 | \$15 |
| <input type="checkbox"/> | <b>Entire Series Modules 1-4</b> <i>Special discounted rate for all four workshops!</i> |          | \$50 |

Name: \_\_\_\_\_ Telephone: (\_\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

E-Mail: \_\_\_\_\_