

Y CHILD CARE COMMUNIQUE

Linking families, child care professionals and the greater San Diego community.

May/June 2009

Childcare Resource Service: A Department of the YMCA of San Diego County. Funded by California Department of Education, Child Development Division.

YMCA CRS Provider Support Services

Child Care Referral Service that connects parents with licensed child care programs providing services that best meet their family's needs. A free service for providers and parents!

Resource & Toy Lending Library in Mission Valley, Vista and National City. Check out books, videos, and toys to plan daily activities. *Resources in Motion* delivers toys and resources to programs in outlying areas.

Bimonthly Newsletter, the *Child Care Communique*, is a free publication sent to all licensed child care programs. Each issue features a special topic.

Child Care Activity & Training Service (CATS) Calendar on-line at www.ymcacrs.org. View workshops, download registration forms, and request training alerts.

San Diego CARES awards stipends to child care providers who complete training and units toward a degree, and work with children.

Child Care Initiative Project provides free training in infant and toddler caregiving and assists participants with starting or expanding a licensed family child care business.

Ticket to a Successful Family Child Care Business training series for new and potential providers. Modules include: *Setting up Your Environment, Good Business Practices, Planning Activities, Guidance for Young Children* and *Smart Start*, a post licensing workshop.

License Exempt Education Project (LEEP) provides free child development training for friend and relative caregivers. Participants receive educational kits and can attend Activity Day in the Park with their children.

HealthLine provides free health and behavioral health services and training.

Inclusive Child Care Network provides free support group meetings and training for child care providers who include children with special needs.

Military Respite Care provides free respite care to take a break from the responsibility of parenting a child with special needs. Paid care is provided in the family's home or licensed child care program.

Military Child Care in Your Neighborhood Quality Improvement Project (CCYN) locates care for USMC children in a network of licensed civilian child care programs. Programs are pre-assessed for quality standards and provided monetary support, training and site visits to attain national accreditation and maintain quality.

(Continued on page 2...)



The *Child Care Communique* is published six times per year by YMCA Childcare Resource Service (CRS), a department of the YMCA of San Diego County, 3333 Camino del Rio S. #400, San Diego, CA 92108-3839

Executive Director.....Debbie Macdonald
 Editor.....Karen Shelby
 Design.....Erika Ramirez Lee/
 Brenda Aguirre

The *Child Care Communique* is sent as a public service to licensed child care facilities and other professionals in the community. To be placed on the mailing list, call 619.521.3055 x2312.

Guest editorials and announcements are welcome and may be addressed to the editor, 3333 Camino del Rio S. #400, San Diego, CA 92108-3839. Opinions expressed by guest writers do not necessarily reflect the views of YMCA CRS. Efforts to preserve the intent of each submission will be made with final editorial authority resting with the editor. Submissions will be considered for publication as space and time allow.

YMCA CRS Referral Policy

YMCA CRS provides free child care referrals to parents for their specific child care needs in licensed and legally license exempt facilities in San Diego County. Service is provided to all persons requesting them regardless of income or other eligibility factors. Confidentiality of both parents and providers is maintained. Child care referral lines are open Monday–Thursday from 8:00 a.m. to 4:00 p.m. and Fridays from 8:00a.m.–12:00p.m. or a message may be left 24hrs a day.

Consumers are offered a variety of child care options including family child care homes, child care centers, preschools, before and after school care, and in-home agencies. YMCA CRS seeks to promote and develop quality care for children but does not make recommendations regarding particular providers. YMCA CRS strongly encourages parents to visit facilities and review provider histories with Community Care Licensing at 619.767.2200, prior to making the final decision for child care arrangements.

Responsibility for selecting a child care provider rests with the parent or guardian. YMCA CRS referral and complaint policies are available to parents, providers, or other interested persons by calling 1.800.481.2151 to request a copy.

YMCA CRS Programs

Administration..... 619.521.3055
 Alternative Payment 619.521.3055
 Centralized Eligibility List..... 1.800.521.0560
 Special Needs Unit..... 619.521.3055
 North County Office 760.726.9100
 South County Office 619.474.4707
 HealthLine 1.800.908.8883
 Child Care Referrals 1.800.481.2151
 On-line Referral Search.....www.ymcacr.org
 Inclusion Specialist..... 619.521.3055 x2325
 CATS Calendar..... 619.521.3055 x2315
 Resource Library 619.521.3055 x2304
 San Diego CARES 1.866.CARES SD
 Military Family Programs..... 1.800.441.9199

www.ymcacr.org

Military Enhanced Referral Services is a customized search to locate high quality, licensed programs that qualify the family for fee assistance. Programs must be nationally accredited; family child care providers with a Child Development degree or CDA Credential also qualify.

Free Quarterly Licensing Update and *Daily Parent* is sent to all child care programs that provide an e-mail address.

Health & Safety Training Grant provides vouchers for 15 hours of health and safety training required by Community Care Licensing and recommended for license exempt child care providers.

Data and Statistics on the supply, demand and cost of child care. Profiles provide information on the extent of provider services and parent requests by zip code.

Links to professional membership organizations for the child care and development field.

Call 1.800.481.2151 or e-mail myresource@ymcacr.org to connect with Resource and Referral Department programs and services. For additional agency programs and services log on to our Web site at www.ymcacr.org.

Web Sites for Professional Development

www.naeyc.org

National Association for the Education of Young Children

www.sandiegoaeyc.org

San Diego Association for the Education of Young Children

www.nafcc.org

National Association for Family Child Care

www.sdcfcca.org

San Diego County Family Child Care Association

www.naccrra.org

National Association of Child Care Resource & Referral Agencies

www.ymcacr.org

YMCA Childcare Resource Service

www.childcareexchange.com/eed
 Child Care Information Exchange

www.journal.naeyc.org/btj

Young Children Journal

www.cclld.ca.gov

Community Care Licensing



SD CARES Update

**Year 8 of San Diego CARES is coming to an end.
Don't miss out on earning a stipend!**

If you are eligible for a stipend payment in Year 8, the deadline to submit complete payment documentation is June 30, 2009. New participants are mailed a Stipend Award Packet eight months after they are accepted into CARES. Continuing participants are sent the Packet eight months after their last stipend payment is issued. The Packet includes details about the necessary paperwork that must be submitted to earn a stipend. If you have not received your Stipend Award Packet or need additional forms, please contact CARES immediately.

Participants can earn:

- up to \$3000 for completing college coursework (up to \$1500 for Entry Track) required to earn a degree or higher level Child Development Permit
- up to \$300 in Book Stipends
- up to \$500 for earning or upgrading to a higher level Child Development Permit
- up to \$1000 for earning a Degree in Child Development/Early Childhood Education or CARES approved related major
- \$100 Completion Stipend for submitting complete payment documentation within 2 weeks of becoming eligible for a stipend
- \$250 for completing the Environmental Rating Scale requirement.

If you need assistance with completing payment documentation or want to submit paperwork in person, please visit CARES Evening Hours the first Thursday of each month or during our extra Evening Hours session Tuesday, June 30, 2009. Evening Hours are from 4:00 p.m. to 7:00 p.m. in our Mission Valley Office. The Mission Valley Office will also be open for CARES participants to drop off payment documentation on Saturday, June 27, 2009 from 8:00 a.m. to 12:00 p.m. Contact CARES at 1.866.227.3773 or send an e-mail to CARESSD@ymcacr.org. We are here to help you complete requirements to earn a stipend award!

San Diego CARES is administered by the YMCA Childcare Resource Service, a department of the YMCA of San Diego County, with funding from First 5 San Diego, First 5 California and the California Department of Education through the County of San Diego.

Licensing Update

Introducing MyCCL Web Portal

The Community Care Licensing Division (CCL) of the California Department of Social Services is pleased to announce the new *MyCCL Web Portal*. This is the first step in the development of a web based licensing information center and the future of Community Care Licensing. Licensees will be able to:

- Securely register their e-mail address
- Update emergency contact information
- Sign up to receive periodic information releases
- Participate in surveys

Register today and check the Web site often as CCL expands service features. To access the web page type *MyCCL Web Portal* into your internet browser or log on to www.ccl.ca.gov and click on a *MyCCL* link.

Planning Council Update

Provider Appreciation Day at PETCO Park

Child care providers throughout San Diego County will be recognized at a special event on June 7, 2009 at PETCO Park. Providers are encouraged to bring their families and the families they serve to this inaugural event. FREE provider and parent resources will be distributed in the Power Alley of PETCO Park throughout the Padres game against the Arizona Diamondbacks. Tickets for the event are \$7.50 each. Don't forget to take advantage of the Padres 5 for \$5 deal that includes a hotdog, regular soda, peanuts, popcorn and a cookie.

This event is co-sponsored by the San Diego County Child Care and Development Council, San Diego Padres, YMCA Childcare Resource Service, and the San Diego County Office of Education.

Tickets may be purchased online at www.padres.com/groupevents. To receive the discount ticket price of \$7.50, enter promotional code **CHILDCARE**. Groups who wish to sit together should contact Casey Seraphim directly at 619.795.5143.

If you would like more information on the work of the Council, or would like to know how you can be involved, please contact: Zaneta Salde Encarnacion, Council Coordinator, 858.292.3727 or zencarnacion@sdcoe.net.

Infant & Toddler Workshop Series

Do you want to understand how infants and toddlers communicate? Are you interested in learning to read children's cues? The YMCA Childcare Resource Service in partnership with the San Diego County Program Quality Consortium is offering an Infant & Toddler Workshop Series that will help develop these skills. This series is based on the Program for Infant / Toddler Care and addresses the characteristics of quality care in relation to children's developmental stages. Participants will reflectively look at their infant/toddler environment, practice observation skills, and set goals to become more responsive and effective caregivers. Discussion includes how to use the natural curiosity and interests of young children to develop a meaningful and appropriate curriculum.

The workshop series will be held from 6:30 p.m. to 9:30 p.m. at YMCA Childcare Resource Service, 3333 Camino del Rio South, 4th Floor Conference Room, San Diego, 92108.

May 6: Goals

May 27: Observation

June 17: Self-Motivated Learning

Workshops may be attended individually but completing the series is recommended to receive the full benefit. Cost is \$15.00 per workshop or \$40.00 for the series. Each workshop is approved for three (3) SD CARES Professional Development Training hours. For more information contact 1.800.481.2151 or e-mail to mytraining@ymcacr.org

UC Davis Family Child Care at its Best: Supporting Young Bilingual Children

Do you have young children in your care who are bilingual? Would you like to learn the advantages, myths and truths surrounding the topic of being bilingual? The Supporting Young Bilingual Children workshop will provide opportunities to examine experiences related to bilingual education. This workshop will help to build respectful partnerships between teachers and families with home languages other than English. Participants will explore the concept of the whole child in order to understand language development in a socio-cultural context. Participants will also become more aware of cultural aspects that influence personal beliefs and actions by examining their own experiences related to language.

Supporting Young Bilingual Children will be held in Spanish on Saturday, May 9th from 12:00 p.m. – 5:30 p.m. and in English on Saturday, May 16th from 8:30 a.m. – 2:00 p.m. Both workshops will be held at YMCA CRS 3333 Camino del Rio South, 4th Floor Conference Room, San Diego, 92108. Participants must be family child care providers. It is recommended that participants bring a sack lunch. Workshop cost is \$5.00 and approved for five (5) San Diego CARES Professional Development Training hours. For more information call 1.800.481.2151 or send an e-mail to mytraining@ymcacr.org.

One of the Best Kept Secrets in San Diego!

YMCA Childcare Resource Service provides free Resource Library services to child care programs, parents, students, and other community members. The Resource Library is available at all three YMCA CRS office locations in Mission Valley, National City and Vista. Educational books, videos, and music can be borrowed once a library card application has been processed. Libraries also have resource files on child development topics including parenting, special needs, and administration of child care and education programs. Child care programs can borrow developmentally appropriate toys. The Resources in Motion mobile van can deliver library resources to programs in outlying areas of the County.

The Resource Library recently added a new Online Catalog at <http://library.ymcacr.org>. Library clients can log on to renew materials, search lists of the library's newest book and video titles and search for thematic materials. Explore the online catalog and reserve materials to enhance your child care program, develop a workshop, plan daily activities, or complete child development class assignments. Parents will find resources on stages of development, toilet learning, positive guidance, homework, resolving sleep issues, biting, sibling rivalry and more.

Call 1.800.481.2151 to schedule a library appointment, locate the nearest library, or request an application. Library applications are also available online at www.ymcacr.org.

Mommy, Daddy, Grammy, Grandpa and ME!

I hear, and I forget... I see, and I remember, I do, and I understand! Spend a special day with your child in a natural wonderland of discovery. Pack a picnic lunch and enjoy the outdoors together each Sunday from 12 p.m. to 3:00 p.m. on May 24, June 28, July 19, and August 16.

This outdoor education workshop series for families will be held at Camp Cahito in beautiful Balboa Park, 3101 Balboa Drive, San Diego 92103 (between Upas Street and Quince Street off 6th Avenue). There will be a different outdoor focus each week that includes many activities about nature, animals and more. The cost for one adult and one child (2-8 years old) is \$15.00 each session. If two children attend, two adults must also attend. This is a one-on-one workshop where the child is the focus and quality time is spent together. Advance reservations are required. For more information contact Katie Zolezzi at kzolezzi-campfire@sbcglobal.net or 619.291.8985.

Family Day in the Park

When stressors are high and resources are few, families can spend a day laughing and playing together. San Diego's Commission on Children, Youth, and Families (CCYF) is coordinating a Family Day in the Park event scheduled for May 9, 2009 in Balboa Park (6th Avenue lawn) from 10:00 a.m. – 3:00 p.m. This free educational event will be fun and entertaining for both children and their parents. The event will host activities for children ages birth to 12 years of age, and provide live music and entertainment. Free resources and information on health care, child care, family support services and more will be available to help families and caregivers through these challenging economic times.

Family Day in the Park is co-sponsored by Commission on Children, Youth and Families, YMCA Childcare Resource Service, the County of San Diego, the Child Abuse Prevention Foundation, the San Diego First 5 Commission, the San Diego Child Care and Development Planning Council, and KPBS. For more information contact CCYF at 619.338.2049.

WIC Farmers Market Nutrition Program

Would you like to add more fruits and vegetables to your child's diet without spending a penny? The Women, Infants, and Children Supplemental Nutrition Program (WIC) Farmers' Market Nutrition Program (FMNP) provides WIC recipients with 10 two-dollar vouchers to purchase fresh fruits, vegetables, and cut herbs at local farmers' markets. The FMNP runs from May 1 to November 30, and is a great opportunity to introduce children to new foods and help mothers ensure their children grow strong and healthy. WIC is a nutrition assistance program for low-income pregnant, breastfeeding, and postpartum women and children under age five who are at nutritional risk. WIC offers clients checks to purchase healthy foods at food retailers.

WIC recipients can pick up the FMNP vouchers from their local WIC office starting the end of May. There are a limited number of vouchers, so interested individuals should act quickly. To learn more about FMNP vouchers, call 1-888-WIC-WORKS (942-9675) to find your local WIC office. To find a farmers' market near you, please visit the San Diego Farm Bureau web site at <http://www.sdfarmbureau.com> and click on the Farmers' Market – Buy Fresh, Buy Local button.

A World of Difference

Encourage children to appreciate diversity at an age when the seeds of prejudice begin to take root. The Miller Early Childhood Initiative provides activities and guidebooks that contain projects and advice to assist adults in creating bias-free programs and homes for children ages 3-5 years. Topics include talking with children about bias, exposing them to diversity, choosing books that reflect the world, and creating environments that are inclusive of all children and sensitive to their differences.

The first workshop will be held on Saturday, June 6 from 8:00 a.m. to 3:30 p.m. and will provide an understanding of the impact of prejudice in an early childhood setting. A three-hour follow-up educator workshop will be held on Wednesday, June 24 from 6:30 p.m. to 9:30 p.m. and will reinforce and further develop anti-bias skills. Both workshops will be held at YMCA Childcare Resource Service, 3333 Camino del Rio South, 4th Floor Conference Room, San Diego, 92108.

This 2-part workshop is approved for one (1) Continuing Education Unit and ten (10) SD CARES Professional Development Training hours. Participants must attend both days to receive a certificate of attendance. A World of Difference is brought to you in part by the San Diego regional office of the Anti-Defamation League and YMCA Childcare Resource Service with support from the Harvey L. Miller Family Foundation and the Gumpert Foundation. For registration information call 1.800.481.2151 or send an e-mail to mytraining@ymcacr.org.

Call for Child Care Volunteers

YMCA Childcare Resource Service in partnership with the County of San Diego Office of Emergency Services is creating a pool of trained volunteers to work with children at Local Assistance Centers and Emergency Shelters during a local disaster or emergency. If you have education or experience in the child care and education field and are interested in being a member of the Emergency Child Care Corps, please e-mail your name and telephone number to myresource@ymcacr.org or call 1.800.481.2151. Members will be required to complete an application, attend a free pre-service training, and clear a fingerprint background check.



Ask the HealthLine... Sanitizing without Bleach

Q: What alternatives to bleach can I use as a sanitizer in my child care program? I have heard that bleach has harmful toxic chemicals and can cause asthma attacks in asthmatic children.

A: Bleach can be harmful when used in excess, when proper bleach to water ratios are not used, and if there is not proper ventilation in a room. Bleach can cause asthma attacks in asthmatic children if they inhale the bleach fumes.

Cleaning with soap and water is a good way to clean many surfaces but some surfaces like food preparation, serving, diapering, and toileting areas require stronger sanitization.

There are alternatives to bleach that can be used to sanitize however, all sanitizers have disadvantages and warnings that appear on the label. Non-bleach sanitizers have some degree of toxicity and most require the use of protective equipment and ventilation while mixing. Non-bleach sanitizers generally require a longer contact time and are more expensive than bleach.

All sanitizers that are effective for use in child care programs should indicate on the label that they have EPA approval for use as a hospital-grade germicide. The directions for dilution and storage must be followed exactly.

Continue using bleach if safety precautions are taken such as ventilating the room well, using proper bleach to water ratios of $\frac{1}{4}$ cup bleach for 1 gallon of water (more bleach will not kill more germs) and limiting use to required areas only.



The YMCA Childcare Resource Service HealthLine provides a variety of free health and behavior services for children, parents and child care providers including consultations, workshops and training. Call the HealthLine at 1.800.908.8883 Monday-Friday from 8:00 a.m. to 5:00 p.m. for more information.

• IDEAS • ideas • IDEAS • ideas • IDEAS • ideas

Children love play dough! Kneading, shaping, and manipulating the dough are great ways for children to express themselves, learn new things, and develop their fine motor skills.

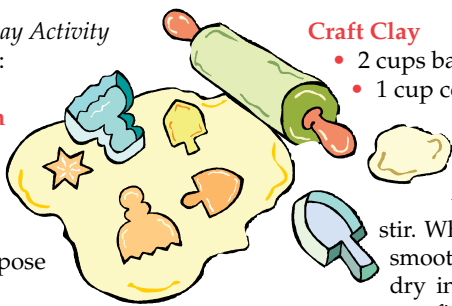
Below are some ideas on different types of play dough that children will love to dig into!

From *The Rainy Day Activity Book* (Doubleday):

Basic Play Dough

- 1 cup boiling water
- $\frac{1}{2}$ cup salt
- 1 cup all purpose flour
- 1 tablespoon alum (optional)
- 1 tablespoon vegetable oil
- Food coloring

Remove boiling water from stove and add the salt. In a medium bowl, mix the next three ingredients together, and then add salted water. When dough is cool enough to handle, knead until smooth, adding more flour if necessary. Knead in food coloring. Dough will last for several months if stored in an airtight container. If it dries out, simply add warm water and knead until pliable.



Craft Clay

- 2 cups baking soda
- 1 cup cornstarch
- 1 $\frac{1}{2}$ cups water

Cook all ingredients in a saucepan over medium heat until the mixture is too thick to stir. When dough is cool, knead until smooth. Objects made from this clay dry in 1 to 2 days in a pure white matte finish.

Jewelry Dough

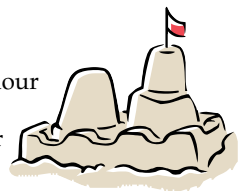
- 6 tablespoons all purpose flour
- $\frac{1}{4}$ cup salt
- $\frac{1}{4}$ cup cornstarch
- $\frac{1}{4}$ cup warm water

Mix all ingredients together in a medium bowl. Knead the mixture until it is smooth and not sticky, adding more water if needed. Mold into beads using a toothpick to make holes. Leave the toothpicks in and allow to dry for 1 to 2 days. String a necklace or bracelet.

Sand Castle Dough

- 1 cup water
- $\frac{1}{3}$ cup all purpose flour
- 6 cups clean sand

Place water and flour in a small saucepan. Cook over medium heat, stirring constantly until thickened (about 2 minutes). Add mixture to sand in a large bowl and stir to distribute. Using containers, cups, and spoons build a sand castle on a foil covered surface. Let dry 1 day.



From *Arts and Crafts for Little Hands* (The Mailbox):

Salt Dough

- 2 cups flour
- 1 cup salt
- 1 cup cold water
- Food coloring (optional)

Place the flour, salt, and water in a bowl and stir. Knead the mixture until it forms a smooth dough. Add more flour or water to reach the desired consistency. To add color to the dough, simply knead in food coloring.

What's in the CRS Resource Library?

The Resource Library has the following materials available to support the professional development of early childhood educators.

Resource Books:

All About the ECERS by Thelma Harms: A detailed guide to be used as a companion to the Early Childhood Environmental Rating Scale. Color photographs are used to illustrate the text.

The Early Childhood Career Lattice: Perspectives on Professional Development by Julienne Johnson: Key leaders representing the diverse early childhood field offer their perspectives on achieving an articulated professional development system.

Quality Matters: Improving the Professional Development of the Early Childhood Work Force by Carol Copple: A report on improving the professional development of the early childhood work force.

Finding Your Smile Again: A Child Care Professional's Guide to Reducing Stress and Avoiding Burnout by Jeff Johnson: Learn dozens of proven techniques for coping with stressful situations, and diagnosing and preventing burnout.

Videos/ Modules:

Environment Rating Scale video modules (Thelma Harms) are easy-to-use evaluation videos with guidebooks that answer questions about using the scale to assess and improve program environments. Modules include Early Childhood, Infant/Toddler, Family Child Care and School-Age care settings.

Seeds of Change-Leadership and Staff Development explores ways to encourage professional development of teachers and other staff while implementing best practices.

Reflective Supervision: A Relationship for Learning includes a guidebook designed to help staff learn through supervision and mentoring.

Appropriate Curriculum for Young Children: The Role of the Teacher depicts developmentally appropriate practices in programs for young children, illustrating the important role of the adult in helping children learn in a play oriented environment.

Tools for Teaching Developmentally Appropriate Practice is a series of four videos that teach the key concepts of NAEYC's developmentally Appropriate Practice in Early Childhood Programs.

Periodicals/Brochures:

Young Children: Journal of NAEYC – Professional Development July 2007 issue contains a variety of professional articles on important topics affecting the education and teaching of young children.

Careers in Early Childhood Education brochure is a guide for career opportunities and education in the early childhood field.

NAEYC Code of Ethical Conduct brochure gives guidelines for responsible behavior in early childhood education.

Toy Library Saturday:

San Diego: May 16 & June 27
National City: May 23 & June 27
Vista: May 2 & June 6

Contact the Resource Library:

San Diego: 619.521.3055 ext. 2304
National City: 619.474.4707 ext. 1317
Vista: 760.726.9100 ext. 3316

TIPS from Your CRS Child Care Consultants

National Provider Appreciation Day: May 8th, 2009

Child care keeps San Diego communities working! Please join YMCA Childcare Resource Service in thanking San Diego County child care providers for the important work they do. Many caregivers work long hours for low wages to keep children happy, safe, and learning every day.

This month, take time to recognize the provider who cares for your children or grandchildren, or acknowledge a friend who cares for children. Here are some ways to show appreciation:

- Celebrate caregivers at an appreciation luncheon with other parents.
- Give the provider a gift certificate to a department store, favorite restaurant, or theater.
- Write a thank-you note.
- Make a special snack or picnic lunch for the child care program.
- Bring the provider a bouquet of flowers from your garden.
- Volunteer to help on a field trip or neighborhood walk.
- Offer to help with the child care laundry, toy washing, or sanitizing.
- Organize parents to make repairs, paint, do yard work, and refill the sandbox.
- Pay for a provider to attend a conference, training, or college class.

Even better—form a parent group and show your appreciation all year long! Visit www.providerappreciation.org for more information.



YMCA CRS COMMUNITY CALENDAR

**Approved for SD CARES professional development training hours.*

See pages 4 and 5 for additional trainings. For more training resources, and to print a registration flyer go to www.ymcacr.org/providers to view the C.A.T.S. Community Training Calendar.

May 2 9:00 a.m. – 12:00 p.m.
Eco-Healthy Child Care Seminar *

Learn how to provide an environmentally friendly, low toxic child care setting. Receive materials to promote Eco-Healthy practices to parents and the community.

Loc: YMCA CRS, Vista

Info: 1.800.481.2151

May 6 6:00 p.m. – 10:00 p.m.
Infant Toddler Environment Rating Scale (ITERS) Part 1 *

May 20 6:00 p.m. – 9:00 p.m.
ITERS Part 2 *

Learn how to use the rating scale to complete a self-assessment of a center infant/toddler classroom and develop a quality improvement plan. Approved for SD CARES participants required to complete quality improvement plans to earn a stipend. **Participants must attend Part 1 and Part 2. Part 1 must be taken first.**

Loc: YMCA CRS, National City

Info: 1.800.481.2151

May 8 8:00 a.m. – 11:00 a.m.
2009 Legislative Breakfast for the Early Childhood Community*

Join colleagues for an annual discussion of emerging early child care and development issues affecting children, families and educators. Special guest presenters include Former Senator Dede Alpert, Governor's Commission on Academic Excellence and Alex Cooke, On the Capitol Doorstep.

Loc: Crowne Plaza San Diego

Info: 858.292.3619

May 15 8:30 a.m. – 3:30 p.m.
May 12 8:30 a.m. – 11:00 a.m.
5th Annual Early Care & Development Inclusion Institute: Teaching Diversity & Acceptance in the Early Years*

Attend this 2-part workshop and learn how to create an inclusive and accepting environment for young children. Participants must attend both dates and will receive *Activities and Guidebook for Early Educators, Bias-Free Foundations: Activities for Families* and other early childhood resources.

Loc: KIT National Training Center on Inclusion, San Diego

Info: Mary Horner, 858.292.3619

May 16 7:30 a.m. – 3:30 p.m.
SDCFCCA 19th Annual Conference: Spring Into School Readiness*

The 19th Annual SDCFCCA Conference will be held this year with dynamic keynote speaker Jeff A. Johnson, author and national presenter.

Loc: Double Tree Hotel, Mission Valley

Info: 858.672.1597

June 3 6:00 p.m. – 10:00 p.m.
Early Childhood Environment Rating Scale (ECERS) Part 1 *

June 17 6:00 p.m. – 9:00 p.m.
ECERS Part 2 *

Learn how to use the rating scale to complete a self-assessment of a center preschool classroom and develop a quality improvement plan. Approved for SD CARES participants required to complete quality improvement plans to earn a stipend. **Participants must attend Part 1 and Part 2. Part 1 must be taken first.**

Loc: YMCA CRS, Vista

Info: 1.800.481.2151

June 3 6:00 p.m. – 9:00 p.m.
KPBS: A Place of Our Own, Infant Toddler Development

Learn how young children start developing language and how we can help them. Participants receive a children's book, a set of activity cards, a DVD and other resources.

For parents and home-based providers only.

Loc: YMCA CRS, Mission Valley

Info: 1.800.481.2151 or

June 9 6:00 p.m. – 10:00 p.m.
Early Childhood Environment Rating Scale (ECERS) Part 1 *

June 23 6:00 p.m. – 9:00 p.m.
ECERS Part 2 *

Learn how to use the rating scale, complete a self-assessment of a center preschool classroom and develop a quality improvement plan. Approved for SD CARES participants required to complete quality improvement plans to earn a stipend. **Participants must attend Part 1 and Part 2. Part 1 must be taken first.**

Loc: YMCA CRS, Mission Valley

Info: 1.800.481.2151

June 11 6:00 p.m. – 10:00 p.m.
Family Child Care Environment Rating Scale (FCCERS) Part 1 *

June 25 6:00 p.m. – 9:00 p.m.
FCCERS Part 2 *

Learn how to use the rating scale, complete a self assessment of a family child care home, and develop a quality improvement plan. Approved for SD CARES participants required to complete quality improvement plans to earn a stipend. **Participants must attend Part 1 and Part 2. Part 1 must be taken first.**

Loc: YMCA CRS, Mission Valley

Info: 1.800.481.2151

June 16 6:00 p.m. – 9:00 p.m.
KPBS: A Place of Our Own, Supporting Children with Special Needs*

Learn how to identify special needs, how to include children with special needs in regular routines, and how inclusion benefits all children. Participants receive a children's book, video tape of two *A Place of Our Own* episodes, and tip sheets. **For home-based providers only.**

Loc: YMCA CRS, National City

Info: 1.800.481.2151

June 18 6:00 p.m. – 10:00 p.m.
Infant Toddler Environment Rating Scale (ITERS) Part 1 *

June 30 6:00 p.m. – 9:00 p.m.
ITERS Part 2 *

Learn how use the rating scale, complete a self-assessment of a center infant/toddler classroom and develop a quality improvement plan. Approved for SD CARES participants required to complete quality improvement plans to earn a stipend. **Participants must attend Part 1 and Part 2. Part 1 must be taken first.**

Loc: YMCA CRS, Mission Valley

Info: 1.800.481.2151

Sid the Science Kid

Rediscover your sense of wonder with *Sid the Science Kid*, the new PBS children's series from the Jim Henson Company and KPBS. In this fun, interactive workshop discover how to teach preschoolers to think and act like scientists. Walk away with science tools, activity ideas and concrete strategies that will help children develop confidence in themselves as explorers and learners. Workshop cost is \$15.00 per person (open only to adults) and approved for three (3) SD CARES Professional Development Training hours. Both workshops will be held at YMCA CRS Mission Valley office, 3333 Camino del Rio South, Suite 400, San Diego 92108. Information: 1.800.481.2151 or e-mail to mytraining@ymcacr.org.

May 13

6:30 p.m. – 9:30 p.m.

June 13

8:30 a.m. – 11:30 a.m.