

CHILD CARE COMMUNIQUE



Linking families, child care professionals and the greater San Diego community.

May/June 2008

Childcare Resource Service: A Department of the YMCA of San Diego County. Funded by California Department of Education, Child Development Division.

Getting Children Ready for Kindergarten... and the World

“School readiness”, “ready to learn”, or “readiness skills” are all expressions that you will hear when a child gets closer to starting kindergarten. But what does it mean to be “ready”?

It is important to remember that ALL children are always “ready to learn.” From birth, children learn things everyday through their experiences and interactions with adults, other children and things in their environment. When schools talk about children being ready, they are often talking about whether children have the specific skills and information that will help them succeed in school, such as counting, knowing letters and the sounds they make, and being able to work in small groups. Early childhood professionals know that social and emotional development and opportunities to learn through play set the foundation for learning the skills needed to start school eager and ready to learn.

When is a Child Ready for Kindergarten?

Many skills make up a child’s readiness level. Most of these skills develop naturally over time. If parents and child care providers are aware of the types of things a child should know and be able to do, they will be better able to help children prepare for kindergarten.

Children are usually ready for kindergarten if they can:

- Play well with and respect other children
- Follow simple directions and rules
- Resolve some conflicts with peers without needing the teacher
- Work independently for at least 15 minutes
- Sit and listen to a story for 10 minutes
- Talk in complete sentences and be understood by others
- Name and talk about items in the environment

- Accomplish basic self-care skills such as feeding and dressing
- Do large and small muscle activities, such as cutting with scissors and riding a tricycle

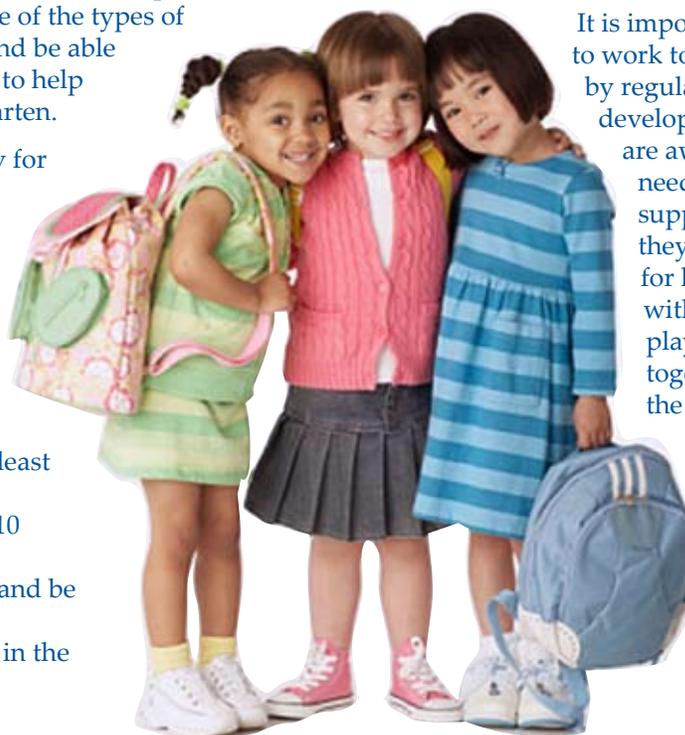
What if a Child Isn’t Ready?

Children grow and develop at different speeds. Just because a child may not be able to do something, doesn’t mean that they will not be able to do it next month. Kindergarten “readiness” skills are guides for parents and providers. They are not meant to be used as “must have” skills before going to kindergarten.

Just like adults, children have different skill levels and strengths. If at age five, a child does not know the alphabet or has trouble holding a pencil correctly, it may mean that the child just needs extra support to improve on those skills. If a child seems behind on many tasks that most children have, the local school can help determine if the child should wait another year to start kindergarten. The school or family pediatrician can also provide a referral for a professional assessment.

It is important for caregivers and parents to work together on readiness skills by regularly discussing the child’s development and progress. If parents are aware of the skills their child needs and what to do at home to support and encourage development, they can help prepare their child for kindergarten. Spending time with children by talking, listening, playing and exploring the world together will give children many of the skills they need to start school ready to learn.

Adapted from TheDaily Parent, prepared by NACCRRRA, Washington, D.C. the nation’s network of child care resource and referral agencies, with funding by the Citigroup Foundation.



The **Child Care Communique** is published six times per year by Childcare Resource Service, a department of the YMCA of San Diego County.
3333 Camino del Rio S. #400, San Diego CA 92108-3839

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The Child Care Communique is mailed as a public service to licensed child care facilities and other professionals in the community. To be placed on the mailing list, call 619.521.3055 x2312.

Guest editorials, communications, announcements and letters to the editor from any interested party are welcome and may be addressed to the Editor, 3333 Camino del Rio S., Suite 400, San Diego, CA 92108-3839. Opinions expressed by guest writers do not necessarily reflect the view of Childcare Resource Service. Efforts to preserve the intent of each submission will be made with final editorial authority resting with the editor. Letters to the editor will be considered for publication as space and time allow and unless confidentiality is requested. Deadline for submission of all materials to be considered for inclusion is approximately six weeks before publication.

Childcare Resource Service (CRS) Referral Policy

YMCA Childcare Resource Service, provides child care referrals to parents for their specific child care needs in licensed and legally license exempt facilities in San Diego County. Service is provided to all persons requesting them regardless of income or other eligibility factors. Confidentiality of both parents and providers is maintained.

Consumers are offered a variety of child care options ranging from Family Child Care Homes to Child Care Centers and with services from basic child care to educational and social enrichment programs. Childcare Resource Service seeks to promote and develop quality care for children but does not make recommendations regarding particular providers. CRS strongly encourages parents to visit facilities and review provider histories with Community Care Licensing at 619.767.2200, prior to making the final decision for child care arrangements.

Responsibility for selecting a child care provider rests with the parent or guardian. CRS policies on handling complaints are available to parents, providers or other interested persons by calling 1.800.481.2151 to request a copy.

• YMCA CRS Programs •

Administration.....619.521.3055
Fax.....619.521.3050
Alternative Payment619.521.3055
Centralized Eligibility List..... 1.800.521.0560
Special Needs Unit.....619.474.4707
North County Office760.726.9100
North County Fax760.726.4352
South County Office619.474.4707
South County Fax.....619.474.2435
HealthLine1.800.908.8883
Child Care Referrals1.800.481.2151
On-line Referrals.....www.ymcacrs.org
Inclusion Specialist.....619.521.3055 x2325
CATS Calendar.....619.521.3055 x2315
Child Care Subs1.800.441.9199
San Diego CARES1.866.CARES SD
Military Family Referrals.....1.800.441.9199

www.ymcacrs.org

Top 10 Signs of a Good Kindergarten Classroom

The National Association for the Education of Young Children (NAEYC) lists these ten signs of a good kindergarten classroom:

1. Children are playing and working with materials or other children. They are not wandering aimlessly or forced to sit quietly for long periods of time.
2. Children have access to various activities throughout the day, such as block building, pretend play, picture books, paints and other art materials, and table toys such as Legos, pegboards, and puzzles. Children are not all doing the same thing at the same time.
3. Teachers work with individual children, small groups, and the whole group at different times during the day. Teachers do not spend time only with the entire group.
4. The classroom is decorated with children's original artwork, their own writing with invented spelling, and dictated stories.
5. Children learn numbers and the alphabet in the context of their everyday experiences. Exploring the natural world of animals and plants, cooking, taking attendance, and serving snack are all meaningful activities to children.
6. Curriculum is adapted for those who are ahead as well as those who need additional help. Because children differ in experiences and background, they do not learn the same thing at the same time in the same way.
7. Children have an opportunity to play outside every day that weather permits. This play is never sacrificed for more instructional time.
8. Teachers read books to children throughout the day, not just at group story time.
9. Children work on projects and have long periods of time to play (at least one hour) and explore. Filling out worksheets should not be their primary activity.
10. Children and their parents look forward to school. Parents feel safe sending their child to kindergarten. Children are happy; they are not crying or regularly sick.

Kindergarten Enrollment

When children are around the age of four, parents can call or visit their local elementary school and request information on kindergarten enrollment. Kindergarten staff will provide information on what is needed to enroll as well as the kinds of skills and abilities they would like for all children coming into kindergarten. Many schools begin kindergarten orientation and registration for kindergarten in the spring. Families can tour the school, visit the kindergarten classrooms and meet the teachers. Parents are encouraged to ask questions about the daily activities and goals of the program.



SD CARES Update

Don't miss out on your stipend for Year 7!

If you are eligible for a stipend payment in Year 7, be sure to submit your complete payment documentation by June 30, 2008. All participants are mailed a stipend award packet eight months after they are accepted into CARES or their last stipend payment. The paperwork explains what must be submitted to verify that you have completed program requirements to earn a stipend. Documentation includes: Employment Verification Form/Client Enrollment Form, official transcripts, training certificates, W9, CARES Educational Plan, and College Plan (Permit and Degree Track only).

Participants can earn:

- up to \$3000 for completing college coursework (up to \$1500 for Entry Track) required to earn a degree or higher level Child Development Permit*
- up to \$300 in Book Stipends (\$100 per 3 units completed)
- up to \$500 for earning or upgrading to a higher level California Child Development Permit
- up to \$1000 for earning a degree in Child Development/Early Childhood Education or approved related major
- \$100 Completion Stipend for submitting complete payment documentation within two weeks of becoming eligible for a stipend award
- \$250 for completing the Environmental Rating Scale requirement

*Courses must be listed on the college plan you obtain from your college counselor

If you need assistance with completing your payment documentation or other CARES paperwork, please visit CARES Evening Hours the first Thursday of each month or during our special CARES Evening Hours event on Wednesday, June 25, 2008 in our Mission Valley Office from 4:00 p.m. to 7:00 p.m. Call 1.866.227.3773 or e-mail caressd@ymcacr.org for more information.

ERS Region Training Schedule: May and June

CARES participants in the Permit and Degree Track who have participated in CARES for at least one year are required to complete the Environment Rating Scale (ERS) requirement and submit required documentation by June 30, 2008. This requirement entails learning the appropriate rating scale (ECERS, FCCERS, SACERS or ITERS) through a one unit college course on ERS, completing a training offered by YMCA CRS, or an on-site training at the participant's child care center. Participants must then complete a self-assessment of their child care program, develop an improvement plan and provide proof of improvements. Participants can earn a \$250 ERS stipend after they complete general stipend requirements for units and Professional Development Training hours.

To register for an upcoming YMCA CRS training event call 1.866.227.3773 or e-mail caressd@ymcacr.org for a registration flyer. Registration is required and participants must attend both days of the training to receive credit. Register now!

Early Childhood Environment Rating Scale (ECERS) for Center-Based Staff

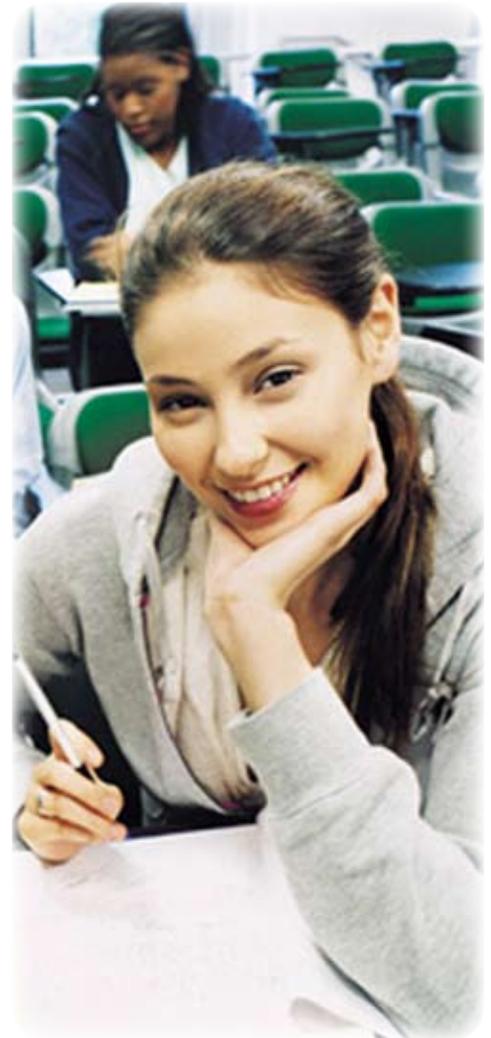
Saturday, May 3rd (10:00 a.m. – 2:00 p.m.)
and Saturday, May 17th (10:00 a.m. – 1:00 p.m.)
Carmel Valley Library, 3919 Townsgate Drive, San Diego 92130

Saturday, June 7th (8:00 a.m. – 12:00 p.m.)
and Saturday, June 21st (8:00 a.m. – 11:00 a.m.)
YMCA CRS Mission Valley office, 3333 Camino del Rio S. #400, San Diego 92108

Family Child Care Environment Rating Scale (FCCERS)

Saturday, May 3rd (8:30 a.m. – 12:30 p.m.)
and Saturday, May 17th (8:30 a.m. – 11:30 a.m.)
Encinitas Community Center, 1140 Oakcrest Park Drive, Encinitas 92024

Wednesday, May 7th (6:00 p.m. – 10:00 p.m.)
and Wednesday, May 21st (6:00 p.m. – 9:00 p.m.)
YMCA CRS Mission Valley office, 3333 Camino del Rio S. #400, San Diego 92108



License Exempt Education Project

The YMCA Childcare Resource Service (CRS) License Exempt Education Project (LEEP) finished another successful year providing free training and support for license exempt providers. Individuals who provide care for families enrolled in a child care subsidy program; a non-subsidized relative, friend or neighbor; a nanny or babysitter were included in the project. LEEP focused on increasing the skills of participants to provide quality care for young children in a safe environment that supports learning through play.

LEEP's project goals were exceeded by training over fifty participants. Training topics included the importance of play, family literacy, guidance, family support and health and safety. Each participant received a certificate of achievement and educational toys, books and resource materials as incentives for attending trainings.

Participants were invited to attend Activity Day at the Park, a free, fun and supportive opportunity to network with other caregivers and participate with their children in outdoor activities set up and facilitated by LEEP staff. The events were held at various parks throughout San Diego County. Children enjoyed healthy snacks, participated in hands-on activities and received a free children's book. Caregivers received free resource materials and ideas for activities that support learning through play.

LEEP is funded by the California Department of Education, Child Development Division. San Diego LEEP partners with the CARES Family, Friend and Neighbor program funded by the First 5 Commission of San Diego County. For more information on how to participate in LEEP, contact 1.800.481.2151.

Play Tool Kit

Child Care Information Exchange has bundled together a variety of practical resources on play. The Play Tool Kit contains:

- **Beginnings Workshop Book #6 – Play.** This collection of 23 Beginnings Workshop articles is an invaluable resource on the importance and fostering of play.
- **The Power of Play.** Internationally renowned child psychologist David Elkind shows how spontaneous, imaginative activities lead to happier, healthier children.
- **Exchange Article CD Collection #8 – Play.** This CD contains an excellent collection of PDF articles on the topic of play written by Amelia Gambetti, David Elkind and many other experts on play.
- **Three Out of the Box Training Kits (print versions).** Present a professional development training class with Out of the Box instructions to prepare, conduct and evaluate your training session on:
 - “Play and the Outdoors”
 - “But They're Only Playing”
 - “Supporting Constructive Play in the Wild”

The cost of the Play Tool Kit is \$110, which represents a 30% savings if the resources listed are purchased separately. To order, log on to www.ccie.com/eed. You can also subscribe to ExchangeEveryDay, a free daily e-newsletter.

Rosie's For All Kids Foundation Grants

Rosie's For All Kids Foundation awards grants to 501(c)(3) nonprofit organizations dedicated to helping disadvantaged children and low-income families through early childhood care and education and other essential programs. Direct service projects and capital support for new buildings and renovation projects may be eligible for grant subsidies ranging from \$15,000 to \$30,000. Organizations must have been in operation for over five years and provide licensed, center-based, high-quality child care and education (not home care) and full-day, full-week, year round programs that serve children from birth through six years of age.

Prospective applicants must also maintain an enrollment of at least 65% low income children. Individuals, school districts, municipalities and programs outside the United States are not eligible. Visit www.forallkids.org for more information. There is a rolling deadline for applications.

Health and Safety Assessment Training

In response to a nationwide poll, parents expressed their greatest concern regarding child care is “providing a safe and healthy environment.” Child care programs can take steps to better understand how to provide a healthy and safe child care environment by taking a free health and safety assessment training and completing a walk through of their facility with a YMCA CRS Health Educator. Participants will receive resources and recommendations for improvements that will help to increase the quality of their program. This two part training involves a 1.5 hour workshop and a 1.5 hour health and safety assessment visit. Completing both components is approved for three (3) SD CARES Professional Development Training hours. For more information call Kim McDougal at 619.521.3055 x2517.

Web sites for Kindergarten Readiness

www.parent-education.com

www.childcareaware.org/en/

www.familyeducation.com

www.parentcenter.com

www.sdcoe.k12.ca.us/

www.education.com/

www.gettingreadyforschool.com/



Planning Council Update

Building Support for Quality Child Care

Lois Pastore, Executive Director of Early Education Unit at the San Diego County Office of Education will be presented the Barbara Chenofsky Lifetime Achievement Award, June 24, 2008. The award is presented by the San Diego County Child Care and Development Planning Council to individuals who demonstrate exceptional leadership, passion, and commitment in the field of Child Development in San Diego County.

Lois Pastore has over 25 years of experience in administration of special education and early childhood programs. During this time she oversaw a three-year planning process to develop a Master Plan for the development of universal preschool services, which resulted in a First 5 Commission of San Diego funded Preschool For All Demonstration project, one of nine demonstration projects receiving local and California First 5 Power of Preschool funding. Lois participated in the federal grant writing process that has brought millions of dollars to the local community for the professional development of preschool and family child care providers through Project MENTOR. Throughout her career Lois has supported and modeled parent-professional partnerships and worked with community agencies to promote the value of collaboration.

Lois is a long advocate for children with disabilities and other special needs; she has been active in the movement to serve young children with special needs in natural environments benefitting both the child with special needs and the typically developing peer. One person who nominated Lois for the Lifetime Achievement Award commented that Lois consistently articulates her vision that children learn best in a setting that includes parent involvement, other children, trained staff and a creative, culturally sensitive environment.



Lois Pastore, Executive Director of Early Education Unit

The award reception will be held on
June 24, 2008 at the Crowne Plaza San Diego
from 4:30 p.m. – 7:30 p.m.

For registration information, contact:
Zaneta Encarnacion at 858.292.3727
or send e-mail to zencarnacion@sdcoe.net

Licensing Update

New Web Site Design

A new service-oriented web site was designed for all state agencies to improve the usability of state government web sites, comply with California's new accessibility standards and allow visitors to easily find the information they are seeking or conduct their business with the state online.

To access the Child Care Licensing (CCL) web site, log on to www.ccl.d.ca.gov and select the link "Apply for a License" in the gray navigation bar area on the main Community Care Licensing Division web page. Next, scroll down on that web page to the link "Child Care Licensing" web site. The CCL web pages have the following modifications:

- The web page "Becoming a Licensed Child Care Provider" has been revised to explain the difference between a child care center (CCC) and family child care home (FCCH). It provides direct links to those web pages.
- There is a new web page specifically for Child Care Center Licensing Information.
- Qualifications for a license and pre-orientation registration information are now available on the FCCH licensing web page in Spanish.
- Links to the slides that are presented at licensing orientations statewide can be found on the web page Orientations for Child Care Facilities. The orientation slide presentation for family child care homes will soon be available in Spanish.

It is important that licensees are familiar with how to find licensing regulation information, forms and resources on the new web site. Due to state budget cuts regulation changes, required licensing forms and important updates for licensed child care programs will only be available on the web site. We thank you for your patience during this effort and are confident you will find the web site enhancements worthwhile.

Ask the HealthLine...

Hib Vaccine 2008 Special Schedule for Child Care Entry

Through 2008, there will be a nationwide shortage of vaccine that protects against Haemophilus influenzae Type B (commonly called “Hib”), the major cause of meningitis in young children. Doctors will continue to give this vaccine, but one dose from the series will be dropped. This will not create a risk of disease, but does affect an immunization requirement, as the Hib vaccine is mandated for child care entry in California.

To allow children to be admitted to child care during this vaccine shortage, the California Department of Public Health has issued a temporary Special Immunization Schedule, as permitted by State law. During 2008, children entering child care at ages 15 months to four years and six months can be admitted with one dose of Hib, received at any age, regardless of when the dose was administered. For example, a child born January 1, 2006 who had one Hib dose on April 1, 2007 may still be admitted during the vaccine shortage.

There are no other changes to the immunization requirements for child care facilities. The role of a child care program in checking and recording vaccinations is very important. We appreciate your efforts to help keep California children safe from vaccine-preventable diseases.

If you have questions, please contact the YMCA CRS HealthLine or your local health department.

The YMCA Childcare Resource Service HealthLine provides a variety of free health and behavior services for children, parents and child care providers including consultations, workshops and training. Call the HealthLine at 1.800.908.8883 Monday-Friday from 8:00 a.m. to 5:00 p.m. for more information.



What's in the CRS Resource Library?

The Resource Library has the following materials available on Kindergarten Readiness.

Resource Books:

Starting School - Ready for Success by Lois Robbert is a guide for parents and teachers of preschool children with 100 activities to help children get ready for school and includes a School Readiness Checklist.

Look Out Kindergarten Here I Come! by Nancy Carlson is a humorous children's book to help children feel good about themselves and be ready to start kindergarten with confidence.

Everyday Goodbyes: Starting School and Early Care by Nancy Balaban helps teachers and parents understand why children often take time to adjust to separation. It shows how adults can work together to help children make the transition to child care, preschool, or kindergarten.

Videos:

Building Bridges to Kindergarten: Transition Planning for Children shows how bridging communities, programs, schools, and parents helps smooth transition to kindergarten for children and their families.

Kindergarten Here I Come! ¡Kinder aqui voy! is a special video that generates excitement about starting school and generates discussions that help children and parents learn more about their big step to kindergarten. Available in English and Spanish.

Brochures:

So Many Goodbyes: Ways to Ease the Transition Between Home and Groups for Young Children describes how families and teachers can work together to help children feel secure in their adjustment to a new child care or school arrangement.

Ready to Go calms parents' readiness anxiety, enables them to recognize “ready schools,” helps them to give children a solid foundation for school success, and offers suggestions for easing starting-school jitters.

Toy Library Saturday:

San Diego: 05/10/08 & 06/21/08
National City: 05/24/08 & 06/28/08
Vista: 05/03/08 & 06/07/08

Contact the Resource Library:

San Diego: 619.521.3055 ext. 2304
National City: 619.474.4707 ext. 1317
Vista: 760.726.9100 ext. 3316

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Color Clips

Objective: Children will be able to identify colors through matching.



Preparation: Cut 6-inch squares out of three or more different colors of poster board. Cover with clear contact paper. Paint wooden clothespins or purchase plastic ones to match each colored square.

Activity: Place the clothespins in a box or basket and mix up. Let the children match the colors by clipping the clothespins to the appropriate squares.

Variation: Glue colored squares around the edge of a sturdy plate or cardboard square. Pair with clothespins as a free-choice activity.



Making Pretzels

Objective: Children will be able to learn nutrition facts and enhance their language skills during this activity.

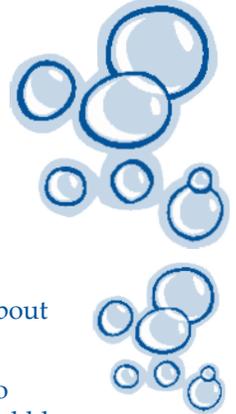
Activity: Dissolve 1 package of yeast in 1 ½ cups of warm water. Add ½ teaspoon of sugar. Add 4 ½ cups flour and knead for 6 minutes. Let dough rise in a greased bowl. Divide dough into 12 pieces. Let

the children roll dough into long sticks and shapes. Blend together one egg yolk and 2 tablespoons of water and brush a little on each pretzel. Sprinkle on coarse salt or sesame seeds. Bake on a lightly greased cookie sheet at 450 degrees for 12 minutes.

Bubble Prints

Materials:

Dish soap, water, straws, food coloring, plastic cups, light colored paper, newspaper.



Directions:

- Spread newspaper on the work surface.
- Fill 3 or 4 plastic cups about ¾ full with water.
- Add a lot of dish soap to each cup to create the bubble solution.
- Add a few drops of food coloring to each cup.
- Children use a straw to blow bubbles in the bubble solution until the bubbles are coming up over the top of the cup.
- Next, lay their paper over the cup. The bubbles will pop leaving a design on the paper. Cover the entire paper with designs.
- Hang the bubble prints up around the room for everyone to enjoy.

Getting Your Child Ready for Kindergarten

SKILLS NEEDED

WHAT YOU CAN DO

Knowing what things are, what they are used for, and why

- Talk about what things are, how they look, feel, taste, sound and smell. (*That is a big round orange!*)
- Point out familiar things in the everyday environment. (*We always stop at a red light.*)

Understanding language and being understood

- Ask your child to tell a story or repeat what happened in a story you read. (*What happened to Ella in the story?*)
- Let your child practice talking to people on the phone. (*Tell Aunt Jo what you did at the park today.*)

Able to do independent activities

- Let your child dress, feed and use the toilet themselves as much as possible and help only when needed.
- Give choices to help increase independence skills.
- Give your child one or two chores to do everyday, such as help you set the table or tidy up.

Able to follow directions and get along with others

- Provide opportunities for your child to play with other children in small groups and one on one.

Good control of large movement and small movement skills

- Give your child lots of practice with carrying things, holding utensils, using crayons, turning the faucet, opening the door, and cutting with scissors (with appropriate child safety scissors and supervision).
- Allow your child to use large muscles when running, jumping and climbing stairs.

YMCA CRS COMMUNITY CALENDAR

**Approved for SD CARES professional development training hours.*

May 3 8:30 a.m. – 12:30 p.m.
Recipes for Healthy and Active Young Children*
 Learn fun and healthy snack ideas, physical activities to keep children moving and healthy smiles art and craft projects. Receive information on the oral health evaluation required for school entry.
Loc: Health & Human Services, San Diego
Info: 619.692.8858

May 6 6:30 p.m. – 9:30 p.m.
Tax and Record Keeping Workshop for Family Child Care Providers*
 Learn how to better prepare and organize taxes and records for your family child care business. Includes Q & A session.
Loc: YMCA CRS, Mission Valley
Info: 1.800.481.2151

May 7 6:30 p.m. – 9:30 p.m.
Accommodations for Children with Autism *
 This training will equip providers with the tools needed to successfully include children with pervasive developmental disorders in out-of-school time programs.
Loc: KIT Training Center, San Diego
Info: 619.521.3055 x 2329

May 8 6:30 p.m. – 9:30 p.m.
Creating an Anti-bias Multicultural Program*
 Participants will create a plan for the achievement of an environment that embraces all cultures.
Loc: YMCA CRS, Mission Valley
Info: 619.825.5563

May 10 8:00 a.m. – 12:00 p.m.
SDAIEYC Spring Conference: Nature's Children*
 This conference will focus on outdoor education and includes a tour of the Cuyamaca College Water Conservation Garden, hands on activities, and an opportunity to see nature in the classrooms at the Child Development Center. Key note speaker, Bill Tonne of the San Diego Zoo, will share inspirational stories from his travels and career.
Loc: Cuyamaca College, El Cajon 92019
Info: Denise Dugger, 760.751.0647

May 13 or June 10 9:00 a.m. – 12:00 p.m.
Ticket to a Successful Family Child Care Business: Top 5 Tips to a Smart Start*
 This workshop, for those beginning a career as a family child care provider, will share tips and resources that support a successful beginning to providing a quality child care business.
Loc: Community Care Licensing, Mission Valley
Info: 1.800.481.2151

May 14 or June 19 6:00 p.m. – 7:30 p.m.
Health and Safety Assessments*
 Learn how to improve the health and safety of your child care and receive a free health and safety assessment. Workshop and follow-up assessment earns 3 SD CARES training hours.
Loc: May 14 YMCA CRS, Vista
 June 19 YMCA CRS, Mission Valley
Info: Kim McDougal, 619.521.3055 x2517

May 17 7:30 a.m. – 4:00 p.m.
SDCFCCA 19th Annual Conference: Professional Providers - Dedicated to Diversity*
 This conference features keynote speaker Beth Butler presenting on "Music and Movement", along with a variety of workshop topics.
Loc: Handlery Hotel, Mission Valley
Info: Lori Marquez, 760.436.9171

May 31 8:30 a.m. – 11:30 a.m.
KPBS: Mr. Rogers' "What Do You Do With The Mad That You Feel?*"
 A KPBS Ready to Learn workshop for parents and providers that introduces how to help children manage anger and learn self control. Learn helpful ways to intervene when anger or frustration overwhelms children.
Loc: YMCA CRS, Mission Valley
Info: 1.800.481.2151

May 31 12:00 p.m. – 3:00 p.m.
KPBS: Challenging Behaviors*
 A KPBS Ready To Learn workshop for parents and providers that shows how to assist children to manage anger and learn self-control by understanding more about behaviors that we call "challenging" and learning how to support self-regulation through a variety of strategies.
Loc: YMCA CRS, Mission Valley
Info: 1.800.481.2151

May 31 6:30 p.m. – 9:30 p.m.
It's a Mathematical World!*
 Young children's everyday world and their preschool environments are full of mathematical concepts and skills just waiting to be discovered. Learn practical ideas for your immediate use and understand the theories that make these activities powerful for young children.
Loc: YMCA CRS, Mission Valley
Info: 619.825.5563

June 4 6:30 p.m. – 8:30 p.m.
Disaster Preparedness for Family Child Care*
 Parents depend on child care to protect the health, safety and well-being of their children. Disaster preparedness training helps family child care providers understand the different types of disasters, prepare emergency plans, and have adequate supplies ready in case of an emergency. For Family Child Care only.
Loc: YMCA CRS, Mission Valley
Info: 1.800.481.2151

June 26 6:00 p.m. – 7:30 p.m.
Safe and Healthy Homes for Children with Asthma*
 Learn how your child care environment can be a potential hazard for children with asthma and the steps to take to make it safer for them.
Loc: YMCA CRS, Mission Valley
Info: Kim McDougal, 619.521.3055 x2517