

Y CHILD CARE COMMUNIQUE

Linking families, child care professionals and the greater San Diego community.

January/February 2009

Childcare Resource Service: A Department of the YMCA of San Diego County. Funded by California Department of Education, Child Development Division.

SPEAK OUT FOR CHILDREN

Our experiences with young children enrich all of our lives. Who has not been warmed by an infant's first sounds or a toddler's warm hug? How often have you smiled at the look of wonder in a preschooler's eyes as she entices a bug to crawl up a twig? Watching young children explore the world reminds us of the importance of opportunities for learning for all children. It also confirms our responsibility as adults to protect children during this time of innocence and vulnerability.

In the publication *Be a Children's Champion*, the National Association for the Education of Young Children states that children rely on adults to make sure that they get the essentials they need to thrive: warm, loving relationships in which their basic needs for shelter, sustenance, and emotional support are met. Children do best in an environment that offers challenging opportunities for learning. Children need adults to be their advocates and to let others know that the knowledge and experiences gained in early childhood shape a child's entire life. Just one person speaking out can make a difference, just as one child can make a difference in your life.

Child advocacy means speaking out or taking action on behalf of children. Since children cannot represent themselves, you must protect their interests. To become an effective advocate you should:

1. Educate your legislators about children's needs and programs.

In this time of term limits, it is even more critical to meet new legislators and educate them on quality child care and best practices for programs serving children and families. Take time to visit your legislators in Sacramento or in their district offices. Send them articles, newsletters, or research with a note of personal opinion. Invite them to visit your program and provide examples of how the program has helped a child or parent. A legislator's support grows out of understanding the issues.

2. Educate yourself about the legislative process and current legislation.

Read your newspaper. It will have a summary of important legislative action including how your legislators voted. Register to vote. You will receive election information about candidates and proposed legislation. Attend public forums. Prepare and ask questions specific to your concerns. Go on-line to learn how a bill becomes a law and how state government functions or visit local libraries.

3. Educate others to take action.

Join a public policy committee and work together to bring issues to the attention of the community. Write a letter to the editor. Encourage parents and coworkers to vote by providing voter registration cards and information. Organize a public policy forum. Invite legislators to answer prepared questions on specific topics impacting children and families.

Provide a presentation



(Continued on page 2...)

The *Child Care Communique* is published six times per year by YMCA Childcare Resource Service (CRS), a department of the YMCA of San Diego County, 3333 Camino del Rio S. #400, San Diego, CA 92108-3839

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 Brenda Aguirre

The *Child Care Communique* is sent as a public service to licensed child care facilities and other professionals in the community. To be placed on the mailing list, call 619.521.3055 x2312.

Guest editorials, and announcements are welcome and may be addressed to the editor, 3333 Camino del Rio S., #400, San Diego, CA 92108-3839. Opinions expressed by guest writers do not necessarily reflect the views of YMCA CRS. Efforts to preserve the intent of each submission will be made with final editorial authority resting with the editor. Submissions will be considered for publication as space and time allow.

YMCA CRS Referral Policy

YMCA CRS provides free child care referrals to parents for their specific child care needs in licensed and legally license exempt facilities in San Diego County. Service is provided to all persons requesting them regardless of income or other eligibility factors. Confidentiality of both parents and providers is maintained. Child care referral lines are open Monday–Thursday from 8:00a.m. to 4:00p.m. and Fridays from 8:00a.m.–12:00p.m. or a message may be left 24hrs a day.

Consumers are offered a variety of child care options including family child care homes, child care centers, preschools, before and after school care and in-home agencies. YMCA CRS seeks to promote and develop quality care for children but does not make recommendations regarding particular providers. YMCA CRS strongly encourages parents to visit facilities and review provider histories with Community Care Licensing at 619.767.2200, prior to making the final decision for child care arrangements.

Responsibility for selecting a child care provider rests with the parent or guardian. YMCA CRS referral and complaint policies are available to parents, providers or other interested persons by calling 1.800.481.2151 to request a copy.

YMCA CRS Programs

Administration.....619.521.3055
 Alternative Payment619.521.3055
 Centralized Eligibility List.....1.800.521.0560
 Special Needs Unit.....619.474.4707
 North County Office760.726.9100
 South County Office619.474.4707
 HealthLine1.800.908.8883
 Child Care Referrals1.800.481.2151
 On-line Referral Search.....www.ymcacrs.org
 Inclusion Specialist.....619.521.3055 x2325
 CATS Calendar.....619.521.3055 x2315
 Resource Library619.521.3055 x2304
 San Diego CARES1.866.CARES SD
 Military Family Programs.....1.800.441.9199

www.ymcacrs.org

or resource materials on how a bill becomes a law, steps to advocacy, and how to contact legislators.

Above all, remember that as a taxpayer and registered voter you do have the power to make our democratic system work. Use your voice to speak out on behalf of children at every opportunity!

From the Executive Director



Have you ever thought that you would like to change a law or a regulation? Contact your legislators! You can write them, e-mail them or make an appointment to see them in Sacramento or in their home office. When you communicate with your legislator, tell him or her a story or interesting fact about your program. This makes what you are saying more credible and links your experience with theirs. When a legislator votes for something that you believe in, let him or her know that you appreciate it and more importantly that you are paying attention!

Join a group that is advocating for change. Did you know that licensing, child care subsidy and regional market rate (RMR) issues are mostly decided at the state level and that there are many state wide groups working on these issues?

We all have an opportunity to be the change we want to see. Good luck in your efforts this year. If you need any information on state or federal legislators, you can get in touch with YMCA CRS Resource and Referral staff at 1.800.481.2151 or e-mail to myresource@ymcacrs.org. You will also find a Directory of Public Officials on our web site www.ymcacrs.org/parents.

Debbie Macdonald

Debbie Macdonald
 Executive Director

Web Sites for Children's Advocacy

www.4children.org

www.naccrra.org

www.caichildlaw.org

www.parentvoices.org

www.cdpi.net

www.rnetwork.org

www.childrennow.org

www.ymcacrs.org

www.childrensdefense.org

www.stand.org

www.otcdkids.com

Connecting with Legislators

Legislators need to hear from their constituents. Because they cannot be experts on all the bills that are introduced each session, legislators tally information and opinions they receive from special interest groups, lobbyists, and the public to help them make voting decisions. All letters, visits, and calls are logged in by staff at the local district office and at the Capitol.

The following are tips for making successful connections with legislators:

- Start by sending the legislator a letter about a bill or an issue of concern such as funding for child care for low-income, working families.
- Follow-up by calling the legislator's office to make a short (10–15 minute) telephone or in-person appointment to discuss the bill or issue.
- Before the appointment, make a list of points and questions to cover in the meeting.
- Practice helps. Memorize a simple speech or write out a script to use on the telephone. Role-play the meeting or call with a friend.
- During the appointment, keep the message simple and to the point. Use facts and numbers and tell a story that illustrates how the bill will affect children in your program or family.
- Develop rapport. Follow the legislator's voting record and thank him or her when the legislator supports the cause you discussed together.

Advocacy can be easy and fun. To gain confidence and skill, new advocates might try making visits to legislators as part of a group and observing experienced advocates in action. Speaking up is important, though doing so does not guarantee that an advocate's position will win out. Keeping silent, however, guarantees that those concerns and opinions will not be made known.

Legislative Update

The following are brief descriptions of some of the new Assembly (AB) and Senate (SB) bills that were signed into law by Governor Schwarzenegger. Urgency legislation took effect upon his signature; other legislation will take effect January 1, 2009. Many bills contain other provisions not listed. To obtain a complete copy of a bill refer to the resource list on page 7 of this Newsletter.

Effective immediately

AB131 (Beall): Teacher Qualifications-Autistic Preschool

Allows until August 31, 2011, a local education agency or school to employ a teacher to provide instruction to 3 and 4 year old children with autism if the teacher holds a level 1 or clear education specialist credential and has relevant experience or education for working with children with autism.

AB 978 (Benoit): Licensing Violations

Defines serious violations for which the Department of Social Services is required to levy immediate \$150 per day civil penalties such as fire clearance, absence of supervision, accessible bodies of water, accessible firearms or ammunition, refused entry to a facility and presence of an excluded person on the premises. Collected civil penalties will be placed in a Technical Assistance Fund to be expended for technical assistance, training and education of licensees. The bill clarifies that family child care homes are subject to the same civil penalties as other community care facilities.

Effective January 1, 2009

AB 2759 (Jones): State Preschool Reform

Reforms the state preschool programs by consolidating and streamlining child development programs that serve children 3-5 years of age. It requires the department to monitor and report on the funding used to provide center-based services to infants and toddlers and the hours of service provided in the state preschool program. Allows up to 10% of children in part-day preschool programs to have incomes of up to 15% above the eligibility threshold. Requires families with children in full-day preschool to pay fees according to the fee schedule. Requires priority enrollment to be given to four-year-olds.

SB1629 (Steinberg): Early Learning Quality Improvement Commission

Establishes an Advisory Committee of 13 appointed members to develop a framework for an early learning quality improvement system. Requires that the committee apply to the California Children and Families Commission to cover costs. Addresses Programs that serve children 0-5 years of age.

2009 Child Care and Development State Budget Policy Workshop

The State Budget Policy workshop provides an overview of political issues and California's state budget. Learn the mechanics of the state budget process and how the Governor's January version of the 2009-2010 budget impacts children, families, and child care. Further topics of discussion include, State & Federal Child Care Legislation, Federal Impacts on California, Licensing/Early Care and Education Issues, and Advocacy/Local & State Activities. The workshop will be held on:

**January 30th at Neighborhood House Association,
5660 Copley Drive, San Diego, 92115
from 8:30 a.m. to 2:00 p.m.**

To register, visit the On the Capitol Doorsteps web site www.otcdkids.com or request a registration form at OCTD 916.442.5431. Presented by On the Capitol Doorsteps, Child Development Policy Institute, and Children's Defense Fund California; sponsored by Lakeshore Learning Materials and YMCA Childcare Resource Service.

Period of PURPLE Crying Shaken Baby Syndrome Prevention Training

The YMCA Childcare Resource Service has signed an agreement with United Way of San Diego County to implement the Period of PURPLE Crying - Shaken Baby Syndrome Prevention Program. This program is focused on expectant and new parents and child care programs that care for infants 0-5 months of age. The goal of the program is to increase awareness of Shaken Baby Syndrome and decrease instances of maltreatment or injury related to shaken baby syndrome.

The free 30 minute training session highlights normal infant development including crying patterns, the dangers of shaking a baby, and the importance of developing a plan that may save a baby's life. Each participant will receive resource materials and a Period of PURPLE Crying DVD that can be used to share the information presented with other parents and child care programs.

This training is open to:

- Expectant or new parents with infants up to 5 months old
- Foster parents who care for infants
- Child care providers who do or may provide care for infants
- Babysitters, family members or friends who care for infants

To learn more about the Period of PURPLE Crying program or to schedule this free valuable training for parents or child care providers contact the HealthLine at 1.800.908.8883 or e-mail to mytraining@ymcacr.org.

Parent Central

Parent Central is dedicated to helping parents gain access to current information on children's issues and the most recent parenting resources. Join Parent Central and be connected to a growing network of concerned parents. Over 73,000 parents have already joined! If you have a child under age 8, you won't want to miss this opportunity.

Parents can sign up to receive Parent Central Express, the monthly e-newsletter full of tips for parents, activities, and ways to get connected in the community. Recent e-newsletter topics include Parent Involvement Equals Successful Children, Step Up for Kids and Sleep-Essential for Healthy Development. Parent Central also provides opportunities for parents to join advocacy campaigns and share their personal stories to illustrate the need for legislation and continued funding to support quality programs for children and families.

Parent Central is sponsored by the National Association for Child Care Resource and Referral Agencies (NACCRRRA). To join Parent Central log on to www.naccrra.org.

Administration Series: Learning to Look, Looking to Learn

This series addresses the art of observation and how to connect child development theories to actual behaviors observed in children in child care settings. Participants will receive suggestions and support to apply the knowledge gained to develop a curriculum for groups of children with their individual skills and interests at the center of the activities.

The workshop series, provided in partnership with YMCA Childcare Resource Service and San Diego County Program Quality Consortium, will be held from 6:30 p.m. to 9:30 p.m. at YMCA Childcare Resource Service, 3333 Camino del Rio South, 4th Floor Conference Room, San Diego, 92108.

March 4: Art of Observation

March 25: Applying Knowledge Gained Through Observation

April 15: Building Curriculum Based on Observation

Workshops may be attended individually but completing the series is recommended to receive full benefit. Cost is \$15.00 per workshop or \$40.00 for the series. Each workshop is approved for three (3) SD CARES Professional Development Training hours. For more information contact 1.800.481.2151 or e-mail to mytraining@ymcacr.org.

Tax & Record Keeping Workshops

Participants will learn how to prepare and organize taxes and records for a family child care business. An experienced federally authorized tax practitioner will share expert advice on identifying allowable deductions, employer responsibilities, and choosing a qualified tax preparer. The workshop includes a question and answer session. Cost is \$15.00 per person. The workshop is approved for three (3) SD CARES Professional Development Training Hours. For more information contact 1.800.481.2151 or e-mail to mytraining@ymcacr.org.

January 13 or January 22 6:30 p.m. – 9:30 p.m.

YMCA CRS 3333 Camino del Rio South Ste. 400
San Diego, 92108

January 21 6:30 p.m. – 9:30 p.m.

YMCA CRS 640 Escondido Ave. Ste. 108
Vista, 92084

Licensing Update Old Cell Phones Prohibited

Child care facilities should not provide old cell phones as toys for children in care. Used cellular phones contain hazardous substances and are referred to as electronic hazardous waste (E-Waste). Circuit boards in cellular phones contain arsenic, antimony, beryllium, cadmium, copper, lead, mercury, nickel and zinc. The rechargeable batteries used with cellular phones contain cobalt, zinc and copper.

The Legislature passed California's Cell Phone Recycling Act in 2004 (AB 2901), which created a system for the acceptance and collection of used cell phones for reuse, recycling or proper and legal disposal to ensure the safe and environmentally sound disposal of hazardous materials.

Title 22 Regulations, Sections 102417(d), 101239(q) and 101439(m) require all toys, play equipment, surfaces, fixtures, furniture and supplies to be safe and free of toxic substances. Allowing children in care to play with cell phones would be a violation of these regulations. For additional information and resources regarding hazardous waste and recycling, contact your local waste management board at www.wastemanagementsd.com.



Planning Council Update

The San Diego County Child Care and Development Planning Council would like to welcome its newest members:

Name	Membership Category
Monica Jaikaran	Consumer
Danielle Mendoza	Consumer, La Cuna, Inc.
Joann Brady	Public Agency, San Diego Unified School District
Denise Meek	Public Agency, San Diego County Office of Education
Jeana Preston	Community, California Parent Center
Holly Daasnas	Community, Community Care Licensing
Daniel Williams, Ph.D.	Discretionary, Retired School Psychologist

As a state-mandated advisory board to the County Board of Supervisors and County Superintendent of Schools, council members will assess and make recommendations to improve access to quality child care and development services for children and families in San Diego County.

If you would like more information on the work of the Council, or would like to know how you can be involved, please contact Zaneta Salde Encarnacion, Council Coordinator at 858.292.3727 or e-mail to zencarnacion@sdcoe.net.



SD CARES Update CARES Campus Office Hours

Do you have questions about the San Diego CARES stipend program? Do you want to participate? A San Diego CARES Coordinator is available at most San Diego County community colleges each month to answer questions, accept paperwork and help you complete your application. CARES Coordinators are available monthly according to the following schedule:

College	Day	Room	Time
Southwestern College	1st Monday	Room 572-B	4:00 p.m. – 7:00 p.m.
Grossmont College	1st Tuesday	Room 347	4:00 p.m. – 7:00 p.m.
Miramar College	2nd Thursday	Room F209	4:00 p.m. – 6:00 p.m.
Cuyamaca College	3rd Tuesday	CD Center	4:00 p.m. – 7:00 p.m.
Palomar College	3rd Tuesday	Room ST-30	4:00 p.m. – 7:00 p.m.
MiraCosta College	4th Tuesday	CD Center	4:00 p.m. – 7:00 p.m.
San Diego City College	2nd Monday	CD Center	4:00 p.m. – 7:00 p.m.

If you are unable to visit your local community college during CARES Campus Office Hours, we are also available for Evening Hours at the YMCA Childcare Resource Service Mission Valley Office the first Thursday of each month from 4:00 p.m. to 7:00 p.m. (except January which will meet on January 8th). You can also call the CARES toll free line below to schedule an appointment at the YMCA CRS Vista Office.

If you have questions about how to participate or to verify your status in the program, please contact CARES at 1.866.CARES SD (1.866.227.3773) or by e-mail to caressd@ymcacr.org.

Ask the HealthLine...

Flu season usually occurs between December and May each year in the United States. Along with the flu many colds occur around this same time. Since we are in the middle of flu season it is important to understand the differences between a cold and the flu.

In general, the flu is worse than the common cold. Symptoms of the flu include fever, headache, body aches and pain, exhaustion, and dry cough. The symptoms of a cold are usually milder than the flu and a runny or stuffy nose is more common.

The flu can have very serious consequences. More than 36,000 people in the United States die every year from the flu. One of the best ways to protect yourself and those you care for from the flu is to get the flu vaccine every year.



Who should get the flu vaccine?

- Children 6 months -18 years old
- People ages 50 years or older – even if they're healthy
- Child care providers and others who care for children
- Adults and children with a chronic health condition: diabetes, heart disease, lung disease, asthma, cancer, kidney disease, HIV / AIDS, and other immune disorders
- Pregnant women
- Residents of nursing homes or other chronic care facilities
- Health care workers
- People who live with or provide care for any of the groups listed above
- Anyone who would like to reduce the chances of becoming ill with the flu and transmitting it to others

In addition to getting the flu vaccine here are some additional steps to stay healthy this flu season:

- Wash hands often with soap and water
- Avoid touching your eyes, nose or mouth as much as possible
- Avoid contact with people who are sick
- Cover your mouth and nose with a tissues or sleeve when sneezing or coughing
- Get proper rest, proper nutrition, and exercise

For more information about free flu vaccines call the YMCA CRS HealthLine at 1.800.908.8883.

The YMCA Childcare Resource Service HealthLine provides a variety of free health and behavior services for children, parents and child care providers including consultations, workshops and training. Call the HealthLine at 1.800.908.8883 Monday-Friday from 8:00 a.m. to 5:00 p.m. for more information.

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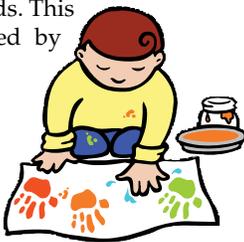
Help children recognize and celebrate the birthdays of some important American historical figures by doing these activities.

Handprint Placemats

Martin Luther King, Jr. hoped that all children, no matter their race or religion, would someday be able to join hands and become friends. This activity is inspired by him.

Materials:

- Tempera paint
- Large construction paper
- Clear self-stick paper
- Newspaper or a large piece of plastic



Lay newspaper or plastic down on the area where children will be working. Have them dip their hands in the paint and firmly place it on the construction paper to make a print. Repeat several times using multiple colors if desired. Allow to dry and then cover with self-stick paper. Use the placemats at snack and meal time.

Lincoln Log Sandwiches

Abraham Lincoln was born in a humble log cabin in 1809 and eventually became our 16th president. These sandwiches represent the log cabin he was born in.

Materials:

- Rolling pin
- Whole-wheat bread
- Cream cheese
- Brown food coloring



Soften cream cheese in a glass bowl. Add a few drops of food coloring and stir until the cream cheese turns brown. Using the rolling pin, have children flatten the bread. Let them spread the cream cheese on the bread and roll up the slice to create "logs." Enjoy!

Washington Cherry Count

When George Washington was a young boy he cut down his father's prized cherry tree. When asked about it, George responded "I cannot tell a lie" and admitted he had cut down the tree. This activity is representative of the cherry tree.

Materials:

- Colored felt (green, brown, red)
- Flannel board
- Felt-tip marker

Make a felt tree and ten felt cherries, labeling each cherry with a felt-tip marker from numbers 1 thru 10. Place the tree on a flannel board. Have each child choose a cherry, identify the number, and then place on the tree. Once all of the cherries are on the tree, count them together.



What's in the CRS Resource Library?

The Resource Library has the following materials available for the topics of advocacy and public policy for young children.

Resource Books:

Advocates in Action by Adele Robinson & Deborah Stark. A guide that offers ideas on influencing policy and practice to the benefit of young children.

Child Advocacy in 10 Easy Steps by Marilyn Pearce. Ten steps to being an advocate for child care.

Speaking Out: Early Childhood Advocacy by Stacie Goffin & Joan Lombardi. A guide book about how public policy is made and what you can do to influence decisions in favor of children's best interests.

Kids Count Data Book 2008

The Annie E. Casey Foundation, helping build better futures for disadvantaged children in the U.S., presents their annual Kids Count Project state by state profile report of the well being of children.

The Future of Children Series

Contains summarized knowledge & experience in selected areas that are relevant to improving public policies in the U.S. that have an impact on child protection.

Videos:

Leave No Children Behind. Marian Wright Edelman presents a compelling argument for a national campaign on behalf of children -To leave no child behind.

Leaders as Advocates National Head Start Association President, Ronald Herndon's inspiring and challenging keynote address at the 1994 conference of NAEYC's National Institute for Early Childhood Professional Development.

Brochures/Newsletters:

On the Capitol Doorstep Newsletter

A publication that gives updates on public policies affecting children in California.

Be a Children's Champion

Today more than ever, young children need you to be their champion, to advocate on their behalf.

The Legislative Process: A Citizen's Guide to Participation

Easy to read guide on the legislative process, and how to work the process, write a letter, understand a bill and other legislative terms.

Toy Library Saturday:

San Diego: January 24 & February 21

National City: January 31 & February 28

Vista: January 3 & February 7

Contact the Resource Library:

San Diego: 619.521.3055 ext. 2304

National City: 619.474.4707 ext. 1317

Vista: 760.726.9100 ext. 3316

TIPS from Your CRS Child Care Consultants

To become a more informed advocate for children, use these excellent resources:

 **The Legislative Bill Room.** To receive more information about a bill or order copies of bills, contact the Bill Room at 1.916.445.2323. Callers need to know the number of the bill (eg: SB 1661 or AB 3049) and legislative year the bill was active, if it is not a current bill.

 **Legislative Counsel of the State of California.** For status updates on bills, a daily calendar for both houses, and answers to common questions, log on to www.leginfo.ca.gov. The site includes links to other legislative publications.

 **On The Capitol Doorstep and Legislative Update.** To receive continuous information on bills and public policy issues that affect young children in California, subscribe to On The Capitol Doorstep and/or the Legislative Update. Included in both publications is contact information for the legislative consultant who is assigned to each bill and can answer questions or hear concerns. Contact the editor, at 1.916.442.5431 or www.otcdkids.com to begin a subscription.

To obtain a list of local legislators, contact any of the following sources:

- YMCA CRS, 1.800.481.2151 or www.ymcacr.org
- Registrar of Voters, 858.565.5800 or www.sdvote.com
- San Diego Union-Tribune, www.signonsandiego.com

To be added to a list serve for state and federal legislative action, log onto these sites:

- Child Development Policy Institute at www.cdpi.net
- Children's Defense Fund at www.childrensdefense.org

To join a local advocacy group, call the following groups:

- San Diego County Child Care and Development Planning Council, 858.292.3727
- San Diego Association for the Education of Young Children, 858.273.1773
- San Diego County Family Child Care Association, 619.260.3753

These organizations help parents learn how to advocate for children:

 **YMCA Childcare Resource Service (CRS).** See the Parent Advocacy page on the YMCA CRS Web Site (www.ymcacr.org) for "How the Legislative Process Works," "Communicating with Elected Officials", and other topics.

 **Parents Voices.** This advocacy group is made up of parents who take action on behalf of children. Log on to www.parentvoices.org for more information.

 **Parent Central.** Join Parent Central and get connected to information and resources. Sign up to receive Parent Central Express, a free monthly e-newsletter www.naccrra.org.

YMCA CRS COMMUNITY CALENDAR

**Approved for SD CARES professional development training hours.*

January 10 8:00 a.m. – 12:30 p.m.

Eco-Healthy Child Care Seminar *

Learn how to provide an environmentally friendly, low toxic child care setting. Receive materials to promote Eco-Healthy practices to parents and the community.

Loc: AMN Healthcare, 92130

Info: 1.800.481.2151

January 10 9:00 a.m. – 3:00 p.m.

**Reggio Roundtable Workshop:
Exploring the Wonders of Wire ***

Patricia Hunter McGrath presents a hands-on workshop to introduce how wire can be integrated into the classroom to support literacy, language, and children's exploration.

Loc: St. David's Preschool, 92110

Info: 619.276.7048

January 13 & 21 6:30 p.m. – 9:30 p.m.

Tax and Record Keeping Workshop *

See page 4

January 15 6:30 p.m. – 9:30 p.m.

**Preventing Discipline Problems Series:
Building a Prevention Strategy, Module 1 ***

A proactive approach to identifying and teaching positive behaviors that can help educators feel more capable and confident.

Loc: YMCA CRS, Mission Valley

Info: 1.800.481.2151

January 29 7:30 a.m. – 3:30 p.m.

Early Years Conference *

Preschool and kindergarten teachers will learn about early literacy, math, language development and developmentally appropriate practices.

Loc: Marina Village, 92109

Info: 858.569.5485

January 29 6:00 p.m. – 9:00 p.m.

Disaster Preparedness for Family Child Care Providers *

Learn the different types of disasters and prepare emergency plans.

Loc: Magdalena Ecke YMCA, 92024

Info: 1.800.481.2151

January 30 8:30 a.m. – 2:00 p.m.

**2009 Child Care & Development State
Budget Policy Workshop ***

See page 3

January 31 8:30 a.m. – 12:30 p.m.

**Ticket to a Successful Family Child Care Business:
Planning Activities for the Developing Child, Module 3 ***

Learn how to plan activities while using simple themes in a multi-age group environment. **For Family Child Care Providers only.**

Loc: YMCA CRS, Mission Valley

Info: 1.800.481.2151

January 31 8:30 a.m. – 3:00 p.m.

The Ooey-Goey Lady *

Lisa Murphy presents an exciting, hands-on workshop for child care providers, teachers and parents.

Loc: Peñasquitos Christian Preschool, 92129

Info: preschool@plc-church.org

February 7 9:00 a.m. – 12:00 p.m.

Let's Read Together *

Important read aloud techniques will be demonstrated during this interactive workshop using *The Little Mouse, the Red Ripe Strawberry and the Big Hungry Bear*.

Loc: YMCA CRS, Vista

Info: 1.800.481.2151

February 11 3:30 p.m. – 7:30 p.m.

Mathematics for Young Children *

Learn how to connect Preschool Foundations with the Kindergarten Standards to create a continuous mathematics learning path and hands-on learning activities.

Loc: SDCOE, 92111

Info: 858.292.3578

February 12 6:30 p.m. – 9:30 p.m.

**Ticket to A Successful Family Child Care Business:
Positive Provider & Family Relationships, Module 4 ***

Building positive relationships with families is key to operating a successful childcare business.

For Family Child Care Providers only.

Loc: YMCA CRS, Mission Valley

Info: 1.800.481.2151

February 19 6:30 p.m. – 9:30 p.m.

**Preventing Discipline Problems:
Supporting Transitions, Module 2 ***

Gain knowledge about ways to support children through transitions and ease the trouble spots.

Loc: YMCA CRS, Mission Valley

Info: 1.800.481.2151

February 24 6:00 p.m. – 9:00 p.m.

KPBS: Challenging Behaviors *

Parents and caregivers will learn strategies to assist children to manage anger and learn self-control.

Loc: YMCA CRS, Mission Valley

Info: 1.800.481.2151

February 28 9:00 a.m. – 1:00 p.m.

**Reggio Roundtable:
Working with Children in a Studio / Atelier ***

Discussion will be facilitated by the staff of programs inspired by the Reggio Emilia Approach. Tour begins at Children's Garden and ends at Aspirations Children's Center.

Loc: Children's Garden, 92056

Info: 760.729.1558